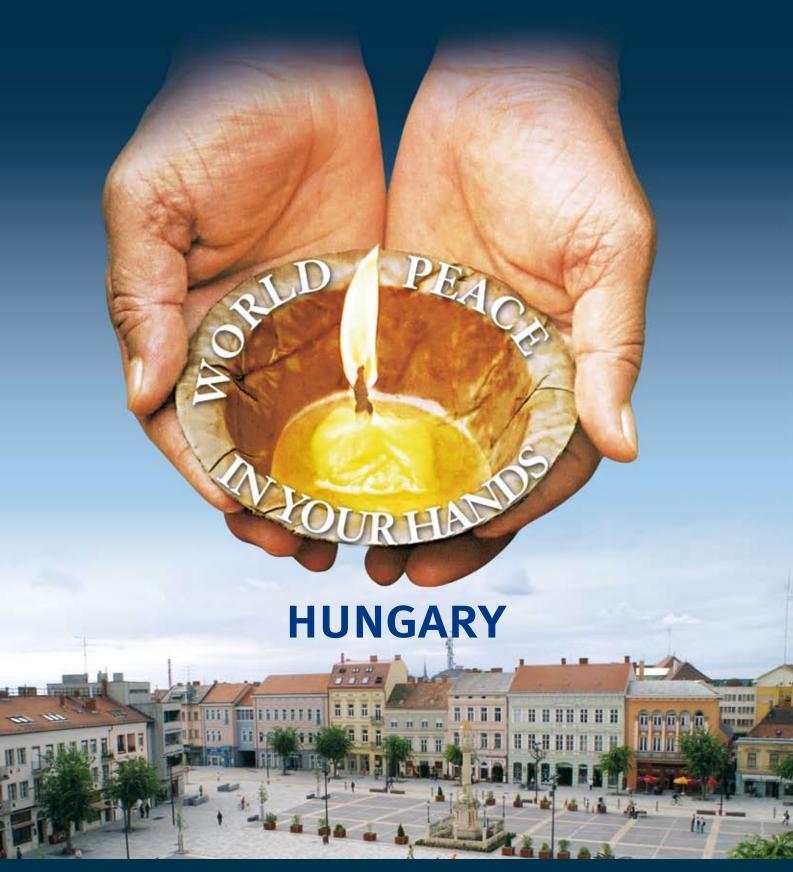
### WORLD PEACE SUMMIT 2009

INNER PEACE - THE ANSWER TO WORLD CONFLICTS





#### Sri Swami Madhavananda World Peace Council

The Sri Swami Madhavananda World Peace Council (SMWPC) was founded by His Holiness Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwaranandaji with his thoughts and intention: "Unity in diversity is our endeavor". We shall spread the seeds of this message from door to door. May these seeds germinate into an enormous tree that extends its branches of Spirituality, Justice, Peace, Tolerance, Love, Understanding and Forgiveness across the globe.

The Council was named in commemoration of his beloved Master, Hindu Dharm Samrat Paramhans Swami Madhavanandaji and has been established as a non-government, humanitarian society that pursues the betterment of humanity's welfare.

The Council is an instrument to disseminate and to bring to realisation the messages of Mahatma Gandhiji "Be the Change You Want to See" and Sri Swami Madhavanandaji "One in All and All in One" in order to achieve unity and peace.

Its main goals are directed towards:

- 1. Fostering of world peace, dialogue between religions and nationalities, ethic education and healthy lifestyle.
- 2. Fostering of tolerance among religions, cultures and nations, human and animal rights, animal and nature protection
- 3. Fostering the physical, mental, social and spiritual well-being of the individual and the general community through study, practice and teaching of the system "Yoga in Daily Life".

Sri Swami Madhavananda World Peace Council supports the declarations of the United Nations Millennium Development Goals and the UN Millenium Declaration as fundamental principles on path to a just, sustainable and peaceful global society. In June 2009, the SMWPC applied for the consultative status with the Economic and Social Council (ECOSOC) at the United Nations with the intention to take more actively part in the beneficial work of the United Nations

One of World Peace Council's central aims is to support international forums for dialogue between individuals, nations, cultures and religions on the topics of peace, ethics, spirituality, education, youth and environmental sustainability and its feature event is the "World Peace Summit". The Summit is an annual event to raise global awareness and spiritual, social and political resolve to secure world peace and to demonstrate tolerance, respect and understanding by acknowledging 'unity in diversity'.

Sri Swami Madhavananda World Peace Council is actively engaged in activities led by the International Sri Deep Madhavananda Ashram Fellowship & Yoga In Daily Life associations worldwide which are actively in supporting a number of humanitarian initiatives with particular focus on water and child education. (more information on: www.worldpeacecouncil.net)

#### Sri Swami Madhavananda Világbéke Tanács

A Sri Swami Madhavananda Világbéke Tanácsot (SMWPC) Őszentsége Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwaranandaji alapította a következő szándék jegyében: "Egység a sokféleségben – ez a törekvésünk". Ennek a tanításnak a magvait kívánjuk hinteni – elvinni házról házra. Szeretnénk, ha a magokból terebélyes fa nőne, s ágait, a spiritualitást, az igazságosságot, a békét, a szeretetet, a megértést és megbocsátást kiterjesztené az egész világ fölé.

A Tanács, amely Swamiji szeretett mesteréréről, Hindu Dharm Samrat Paramhans Swami Madhavanandajiról kapta a nevét, non–profit társadalmi szervezet, amely az emberiség jobblétéért tevékenykedik. Eszköz ahhoz, hogy Mahatma Gandhiji üzenetét "Légy magad a változás, amit látni akarsz" és Sri Madhavanandaji tanítását "Egy mindenben, minden az Egyben" minél többen megvalósítsák az egység és a béke megteremtésének érdekében.

A szervezet legfőbb célkitűzése:

- 1. A világbéke ügye, kullturális eszmecserék, a vallások és nemzetek közötti párbeszéd, az erkölcsi nevelés és az egészség
- 2. A tolerancia, a megértés és egymás tisztelete a különböző vallások, népek és kultúrák között, az emberi és állati jogok valamint az állatvilág és a természet védelme.
- 3. Az egyén fizikai, mentális, társadalmi és spirituális jólétének elősegítése, Jóga a mindennapi életben rendszer tanításával.

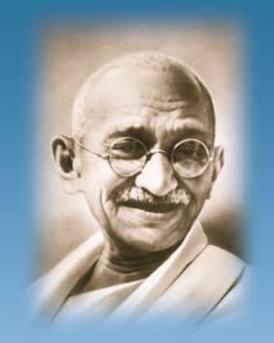
A Sri Swami Madhavananda Világbéke Tanács csatlakozik az ENSZ Millenniumi Fejlesztési Célkitűzéseihez valamint az ENSZ Millenniumi Nyilatkozatához és támogatja ezek irányelveit, mivel ezek alapvető és szükséges lépések az igazságos, békés, ésszerűen fenntartható életközösségek kialakításához e Földön. 2009 júniusában a Tanács kinyilvánította készségét, hogy konzultatív státusban csatlakozzék az ENSZ Gazdasági és Szociális Tanácsához (ECOSOC), s így aktívabban járuljon hozzá a világszervezet jó szándékú kezdeményezéseinek megvalósulásához.

A Sri Swami Madhavananda Világbéke Tanács alapvető célja hogy fórumokat teremtsen egyének, nemzetek, kultúrák és vallások számára, hogy párbeszédet folytassanak a békéről, etikáról, spiritualitásról, az egészségéről, az ifjúságról és a fenntartható fejlődésről. Ezek sorában kiemelkedő jelentőségűek az évente megrendezett Világbéke Csúcstalálkozók, amelyek arra hivatottak, hogy fokozzák a világméretű tudatosságot, és felhívják a figyelmet arra, hogy lelki, társadalmi és politikai döntések szükségesek a tartós világbéke eléréséhez. Annak bemutatására vállakoznak, hogy a kölcsönös tisztelet és megértés jegyében, "az egység a különbözőségben" elfogadásának alapján, megvalósulhat a gyümölcsöző együttműködés. A Sri Swami Madhavananda Világbéke Tanács részt vesz a Nemzetközi Sri Deep Madhavananda Ashram Fellowship és a Jóga a mindennapi életben szervezetek tevékenységben, amelyek világszerte támogatnak humanitárius projeteket, illetve aktívan részt vesznek ezek tevékenységében, főként a vízellátás és a gyermekek iskoláztatása területén. (További információ: www.worldpeacecouncil.net)

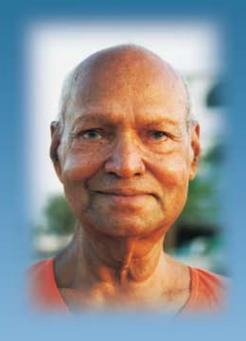
#### SRI SWAMI MADHAVANANDA WORLD PEACE COUNCIL

## **SUMMIT 2009**

## THE MESSAGE OF MAHATMA GANDHI AND SRI SWAMI MADHAVANANDA



"BE THE CHANGE, YOU WANT TO SEE"



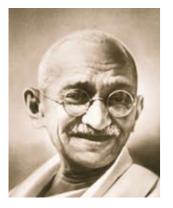
"ONE IN ALL, ALL IN ONE"

# Inner Peace The Answer to World Conflicts

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#### Mahatma Gandhiji and His Message

It was said that the Capital of India was wherever Gandhi was. Even today, Gandhi is the symbol of non-violence and truth, arousing admiration and a wish to follow him. His timeless message is to fight injustice and cruelty by means of love and truth. This is the message, which can be put into action for solving current social, political and ecological problems.

One day, Gandhi was visited by a woman with a son and asked the Mahatma to tell the child to stop eating so many sweets since it was not good for him. Gandhi listened to the woman and asked her to come back in two weeks. At her second visit two weeks later, Gandhi granted her wish and told the child that too many sweets were harmful for him. The woman was satisfied and surprised at the same time. She asked Gandhi why he could not tell him the same two weeks before. The

Mahatma told her that at that time he was not in the position to do so because he himself had been eating lots of sweets. This story shows us how Gandhi lived his message "Be the change you want to see". It points to Gandhi's sincerity and modesty, because he never taught what he had not practiced himself.

"To see the universal and all pervading spirit of truth, we must be able to love even the most miserable creatures the same as we love ourselves. And that one, who strives for this goal, cannot venture to turn away from any possible area of life. Therefore the devotion to Truth brought me to politics; and I can say with all the modesty that those who say that religion doesn't have anything to do with politics, don't know what religion is."

(M. K. Gandhi, My Autobiography or The Story of My Experiments with Truth)

"If humanity is to progress, Gandhi is inescapable. He lived, though and acted, inspired by the vision of humanity evolving towards a world of peace and harmony. We may ignore Gandhi at our own risk." (Martin Luther King Jr.)

#### Mahatma Gandhiji és üzenete

Azt mondták akkoriban, India fővárosa ott van, ahol Gandhi tartózkodik. Mahatma Gandhi napjainkban is az erőszakmentesség és igazság szimbóluma. Sokan csodálják és követik őt. Örökérvényű tanítása az, hogy az igazságtalanság és a kegyetlenség ellen a szeretet és igazság fegyverével kell harcolni. Ez a tanítás a mai társadalmi, politika és ökológiai gondok megoldásában is alkalmazható.

A Mahatmát egyszer felkereste egy asszony a kisfiával. Arra kérte, mondja meg a gyereknek, hogy ne egyen annyi édességet, mivel árt neki. Gandhi figyelmesen hallgatott, majd azt mondta, jöjjenek el két hét múlva ismét. Az asszony nem értette ugyan, de két hét múlva újra elhozta a kisfiát. Gandhi ekkor teljesítette a kérését, figyelmeztette a gyermeket, hogy a túlzott édességfogyasztás árt az egészségének. Az asszony elégedetten, mégis csodálkozva kérdezte meg, miért nem tudta ezt a Mahatma két héttel korábban megtenni. Gandhi azt válaszolta, azért mert két héttel korábban még ő maga is túl sok édességet evett.

Mint e kis történet mutatja, Gandhi élte a tanítását: "Légy te magad a változás, amit látni szeretnél." A Mahatma őszintesége és szerénysége ebben az apró epizódban is megmutatkozik. Soha nem tanított olyasmit, amit ő maga nem gyakorolt.

"Hogy meglássuk az egyetemest és az igazság mindent átható szellemét, képesnek kell lennünk úgy szeretnünk a legnyomorultabb teremtményt is, mint önmagunkat. Aki pedig célja elérésére törekszik, nem engedheti meg magának, hogy az élet akármely sze-letét kirekessze látóköréből. Az igazságnak való elkötelezettségem vezetett a politikához, és a lehető legalázatosabban kijelenthetem, hogy akik szerint a vallásnak semmi köze a politikához, nem tudják mi a vallás" (M. K. Gandhi, Életem, vagy az igazsággal való kísérletezésem története.)

"Amennyiben az emberiség fejlődni szeretne, Gandhi megkerülhetetlen. Úgy élt, gondolkodott és cselekedett, hogy a béke és harmónia irányába tartó emberiség képe lebegett a szeme előtt. Nagy kockázatot vállalunk, ha Gandhit nem vesszük számításba". (Martin Luther King Jr.)



#### His Holiness Paramhans Sri Swami Madhavanandaji and His Message

"People are in great delusion, thinking that spiritual science is less important than modern science. In reality, spiritual science is more important because it opens the inner eye, with which it is possible to hear the divine voice. It heals the pain of body and soul and leads to mutual understanding, harmony and peace."

In this world, we sometimes are fortunate to have rare persons among us, whose very existence and spiritual strength ennoble the whole humanity and all living beings. His Holiness Hindu Dharmsamrat Paramhans Sri Swami Madhavananda Puriji, successor of the Spiritual Lineage of Sri Alakhpuriji, Sri Devpuriji and Sri Mahaprabhuji and one of the rare spiritual leaders of our time, was such a person. He attained the blessed state of God-Realization through pure devotion and service to all creatures in the name of his Master.

The spiritual Master lineage of Holy Guruji, as his devotees used to address him, starts with the legendary master of the Himalayas, Maha Siddha Yogi Sri Alakh Puriji, one of the great Mahatmas or ancient sages of Satya Loka. His successor was Paramyogeshwar Sri Devpuriji, an embodiment of Lord Shiva. He resided in Sikar District, Rajasthan. His Ashram "Kailash" in Rajasthan carries the same name as the holy Mount Kailash in the Himalayas, which is revered as the Abode of Lord Shiva. Sri Devpuriji is the Master of Sri Deep Narayan Mahaprabhuji, a divine incarnation of love, mercy and wisdom, who lived from 1828 to 1963 in Rajasthan in north western India. "Love each and every living being at least as much as yourself," embodies the essence of his Golden Teachings for the whole of mankind.

Holy Guruji, carried his devotion to the Almighty and love for all beings at numerous journeys through India and other parts of the world. In order to enable mankind follow and practice Sri Mahaprabhuji's teachings, he established many ashrams in India. They are today holy and spiritual centers visited by spiritual seekers from all over the world. Kindled by the grace and the divine mercy of his Master, His Holiness helped people and inspired them in many ways. He worked actively for the well-being of the entire world – for social care, education, spiritual and ethic values, and against drugs. His preaching was: "The life of humans without spirituality is uncompleted."

His Holiness Swami Madhavanandaji was incarnated on 11th September 1923 and attained Mahasamadhi on 31st October 2003. Since the day of his parting from this physical plane, in honour of him and to continue his divine message for the sake of world peace, environmental protection, ethic and moral education, and the well-being of all creatures, and to see in each and every entity the light of God – as His Holiness used to say: "One in All and All in One." – World Peace Summits have been held annually in different countries. By setting an example through his life of pure devotion to God and service to all living beings, His Holiness Paramhans Swami Madhavanandaji has been and will remain an inspiration to all seekers of the Truth.

#### Őszentsége Paramhans Sri Swami Madhavanandaji személye és tanítása

"Tévedés azt gondolni, hogy a lelkiség tudománya kevésbé fontos, mint a modern természettudomány. Valójában a lelkiség sokkal fontosabb, mivel az belső látásunkat nyitja meg, és hallásunkat, amivel meghallhatjuk az isteni hangot. A spiritualitás testet-lelket gyógyít, és kölcsönös megértéshez, harmóniához és békéhez vezet."

Nagyritkán az a szerencse ér bennünket földi létünk során, hogy kivételes személyiségekkel találkozhatunk, akiknek spirituális energiája felemeli az egész emberiséget, s az élővilág egészét. Őszentsége Dharmsamrat Paramhans Sri Swami Madhavananda Puriji, korunk egyik kiemelkedő spirituális vezetője, ilyen személy volt. Mint Sri Mahaprabhuji spirituális utódja, a tiszta odaadás és mestere nevében végzett, minden lényre kiterjedő odaadó szolgálata révén, elérte az önmegvalósítás áldott állapotát. Holy Guruji, ahogyan hívei szólították, spirituális mesterlánca a Himalája legendás mesterére, a Satya Loka ősbölcsére, Maha Siddha Yogi Alakhpurijira vezethető vissza, akinek utóda az Úr Siva megtestesülése, Paramyogeshwar Sri Devpuriji. Sri Devpuriji a rajasthani Kailash asrámban élt. Az asrám a Himalája szent Kailash hegyéről, az Úr Siva lakóhelyéről kapta a nevét. Sri Devpuriji Sri Deep Narayan Mahaprabhuji, mestere volt. Mahaprabhuji 1828 és 1963 között élt Rajasthanban, Északnyugat Indiában. Őt a szeretet, a könyörület és bölcsesség inkarnációjaként tartják számon. Az egész emberiséghez szóló tanításának összefoglalása az Arany tanítások, amely egész életművének összefoglalása. Ennek fő gondolata: "Szeress minden élőlényt legalább annyira, mint önmagadat".

Őszentsége Madhavanandaji több alkalommal bejárta Indiát, és eljutott a világ más részeire is. Mindenüvé Isten és minden élőlény iránti szeretetét vitte magával. Alkalma volt államférfiakkal, magas rangú állami tisztviselőkkel, szociális és humanitárius munkásokkal találkozni. Sri Mahprabhuji tanításának továbbadása érdekében asrámokat létesített Indiában. Ezekre a szent helyekre, lelki fejlődést elősegítő központokra ma a világ minden részéről lelki keresők ezrei látogatnak el a világ minden részéről.

Mestere isteni kegyelme és áldása folytán Sri Madhavanandaji sok embernek segített, sokféle módon, és sokak lelkét ihlette meg. Életét az egész világ jólétének szentelte, és számos területen fejtett ki aktív tevékenységet, a szociális szférában éppúgy, mint az oktatásban, és a drogellenes munkában. Azt vallotta, hogy "lelkiség nélkül az ember élete nem teljes."

Őszentsége Madhavanandaji 1923, szeptember 11-én született és 2003, október 31-én lépett mahaszamádhiba. A gyászszertartás az ősi hagyományok szerint folyt, s hívek ezrei gyűltek össze, hogy leróják kegyeletüket szeretett mesterük előtt.

Azóta, hogy e fizikai síkról eltávozott, tanításának folytatásaképpen, a környezet és a béke védelme céljából, a magasrendű erkölcsi nevelés érdekében, rendezik meg évente a Világbéke Csúcstalálkozókat, minden lény javára e Földön, az ő tanításának szellemében: "Egy mindenben, minden az Egyben. Minden lény Isten fényének hordozója" Paramhans Swami Madhavanandaji Isten iránti tiszta odaadása, önzetlen szolgálata inspiráció forrása volt és marad az igazság keresői számára.





Mr. Ban Ki-moon
United Nations, Secretary General

#### MAGYAR ENSZ TÁRSASÁG Az ENSZ Társaságok Világszövetségének tagja



UNITED NATIONS ASSOCIATION OF HUNGARY
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### "On This International Day of Peace, I Have a Simple Message for All: We Must Disarm! We Must Have Peace."

Message for the International Day of Peace, 21 September 2009. VIENNA, 21 September (UN Information Service) – The International Day of Peace is a global call for ceasefire and non-violence. It is a time to reflect on the horror and cost of war, and on our duty to resolve disputes peacefully.

Most of the victims of conflict are powerless. Innocent civilians. Fathers, mothers, children. Without peace they have little hope of improving their lives. Little hope of escaping poverty. Often, those who work on behalf of the powerless are also targets. Journalists, medical professionals, humanitarian workers, United Nations staff and peacekeepers have all found themselves under attack.

Combatants, warlords, arms suppliers and their sponsors continue to display a cruel disrespect for life.

On this International Day of Peace, I remind all of them that there is another way. A better way. The path of peace. We should be encouraged that war between nations is happening less often. Diplomacy and negotiation are becoming a more frequent choice. And even where States are torn by internal strife, history shows that peace can prevail if there is sufficient will.

There are many examples where the advocates of peace have successfully subdued the voices of hate. I also draw hope from the renewed engagement of the international community on the issue of nuclear disarmament. That is why I have launched the WMD-WeMustDisarm! Campaign. As long as such weapons exist, no-one is safe.

On this International Day of Peace, I have a simple message for all: We Must Disarm! We must have peace.

I appeal to people throughout the world to join in this effort. Support

the United Nations, and do your part for peace

#### Ban Ki-moon

#### Ban Ki-moon

Főtitkár, Egyesült Nemzetek Szervezete





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Az ENSZ főtitkárának üzenete az idei Nemzetközi Békenap alkalmából: "Egy egyszerű üzenetem van mindenkinek: Le kell szerelnünk a fegyvereket! Békére van szükségünk."

Bécs, 2009. szeptember 21. (ENSZ Információs Iroda) – A Nemzetközi Békenap nemzetközi felhívás a fegyverszünetre és az erőszakmentességre. Annak az ideje, hogy eltöprengjünk, milyen rettenetes áron és milyen szörnyű következményekkel zajlanak a háborúk, továbbá azon a kötelességünkön, hogy a nézeteltéréseket lehetőleg békésen rendezzük.

A konfliktusok legtöbb áldozata védtelen. Ők ártatlan civilek: apák, anyák, gyermekek. Béke nélkül szinte reményük sincs arra, hogy jobbá tegyék életüket. Arra, hogy kikerüljenek a szegénységből. Gyakran azok is célpontokká válnak, akik éppen eme védtelen emberek érdekében tevékenykednek. Újságírók, egészségügyi dolgozók, humanitárius dolgozók, az ENSZ munkatársai és a békefenntartók mind-mind kénytelenek voltak szembenézni ilyen támadásokkal.

A harcosok, hadurak, hadi szállítók és támogatóik továbbra is kegyetlenül semmibe veszik az emberi élet értékét.

A Béke idei világnapján arra emlékeztetek mindenkit, hogy van egy másik, egy jobb út is: a béke útja. Bátorítson minket az a tény, hogy egyre ritkábbak a népek közötti háborúk, a felek egyre gyakrabban választják a diplomácia és a tárgyalások útját. És néha még akkor is látszik, amikor nemzetközi harc szakítja szét az államokat, hogy – ha megvan a kellő akarat – a béke győzedelmeskedhet,.

Számos példa mutatja, hogy a béke képviselői már többször sikerrel legyőzték a gyűlölet hangjait.

A nemzetközi közösségnek az atomfegyverek lefegyverzésének ügyébe való ismételt bekapcsolódásából is reményt merítek. Ezért indítottam útjára a WMD – Le kell szerelnünk a fegyvereket! kampányt. Egészen addig, amíg akár csak egyetlen ilyen fegyver is létezik, senki sem lehet biztonságban.

A Béke idei világnapján egy egyszerű üzenetem van mindenki számára: Le kell szerelnünk a fegyvereket! Békére van szükségünk.

Arra kérem az embereket az egész világon, hogy csatlakozzanak ehhez az erőfeszítéshez. Támogassák az Egyesült Nemzeteket és vegyék ki részüket a béke megteremtéséből!

#### Ban Ki-moon







#### His Holiness Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwarananda

The Initiator of the World Peace Summit

Vishwaguru Mahamandaleshwar Paramhans Sri Swami Maheshwaranandaji, known as Swamiji, is the disciple of Paramhans Sri Swami Madhavanandaji and successor of the Siddha Peeth Parampara. He is a Sage of the modern world who at a young age dedicated his life to the service of humankind. He is the author of the worldwide renowed system "Yoga in Daily Life". As a "Ambassador for Peace" or an "Advocate of World Peace" and a tireless defender of the ancient spiritual teachings of Vedic culture and Sanatan Dharma, for the last four decades he has been travelling around the world and promoting healthy way of living, the

protection of environment, the peaceful coexistence of all religions and nations, cultures and social systems through tolerance, respect and understanding. He has initiated many humanitarian aid projects that include Rainwater Harvesting, Reforestation, the establishment of Health and Education Programs.

#### INNER PEACE AND LOVE - THE ANSWER TO WORLD'S CONFLICTS

Every individual is on Ananta Yatra – an endless journey. Since the creation of this universe our individual soul has been travelling. But where? Everyone is in a hurry running here and there, but where are you going? Ask yourself these questions: Who am I? Where do I come from? Where am I going? Why am I here? Where will I go? Until we have truly realised the answers to these questions from the depths of our own meditation experience, we will continue to run. 'Know thy Self' is the solution to all our problems and the answer to all our questions.

The human soul has experienced much good, bad and untold suffering. Desire, pride, ego and greed constantly delay us from reaching the final destination. We continue to live in the darkness of ignorance, with anger, hatred and duality separating us from each other. As a result humans are not able to live together as they should. Today there is not enough tolerance amongst religions, little respect amongst cultures and an absence of love between nations.

It is high time to demonstrate love to our fellow humans, to all of mankind, and to pray for them. We should show our love and kindness even if there is no blood relationship. Great is the one who has equal empathy and compassion for all. In today's world situation we should also pray for those who are involved in war. Mahatma Gandhi said, "We don't hate the person, we hate the action". Our prayers should be for the whole world and for all those who live on this planet. We ask God to please listen to our prayers. How can we hope to achieve lasting world peace and sustainable development without first correcting the state of the human mind?

The first step that we must take is to bring Love and Respect into our consciousness in order to heal the wounds that have existed for such a long time. Peace and happiness cannot be bought in the market; it can only be developed within. A Yogi would say, limit your needs. Renounce greed, anger, duality and narrow-thinking. Open the heart and give understanding to another person's feelings, their life situation and grant them their rights. Give them happiness and forgiveness. Do not violate anyone physically, mentally or emotionally. Never be the cause of another's tears, since all creatures are the embodiment of God and He is the Father of All. All comes from Him, He is the ultimate. God is one, and dwells in all. We gave Him different names and images - we call Him Father, Allah, Ishwara, Divine Will, Love, the highest Self, Truth and so on. There are as many images of God as there are people on the face of the earth. As my Grandmaster Bhagwan Sri Deep Narayan Mahaprabhuji said, "Love each and every living being if not more than as least as much as you love yourself".

Paramhans Swami Maheshwarananda

#### Őszentsége Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwarananda

A Világbéke Csúcstalálkozó kezdeményezője

Vishwaguru Mahamandaleshwar Paramhans Sri Swami Maheshwaranandaji, akit Swamiji néven ismer a világ, Paramhans Sri Swami Madhavanandaji tanítványa, a Siddha Peeth Parampara mesterláncának folytatója. Ő a modern világ bölcse, aki kora ifjúságától kezdve az egész emberiség szolgálatának szentelte életét. A Mester a világszerte elismert Jóga a Mindennapi Életben rendszerének megalkotója, a "Béke Nagykövete" a "Világbéke Védelmezője" a védikus kultura és a szanátana dharma oltalmazója és hirdetóje. Ebbéli minőségében több, mint négy évtizede fáradhatatlanul járja a világot, hogy az egészséges életmódot, a környzetvédelmet, a vallások és nemzetek békés egymás mellett élését és kölcsönös tiszteletét segítse elő tanításával, amelyben mindenkor nagy hangsúly kap a toleranacia és a megértés. Swamiji számos humanitárius és környezetvédő programot kezdeményezett, ilyen például az esővízgyűjtés és az erdők újratelepítése, valamint számos egészségnevelési és oktatási intézményt alapított.

#### Belső béke és szeretet – Válasz a világ konfliktusaira

Minden egyén Ananta Yatra – végtelen utazás részese. E világmindenség teremtése óta egyéni lelkünk utazik. De hová? Mindenki rohan ide vagy amoda, de hová igyekszel? Kérdezd meg magadtól ezeket a kérdéseket: Ki vagyok én? Honnan jövök? Hova megyek? Miért vagyok itt? Hová fogok kerülni? Mindaddig, amíg igazán fel nem ismertük a választ ezekre a kérdésekre saját meditációnk tapasztalati mélységeiből, tovább rohanunk. "Ismerd meg önmagad" – ez a megoldás minden problémánkra, és ez a válasz minden kérdésünkre.

Az emberi lélek sok jót, rosszat és elmondatlan szenvedést élt át. A vágy, a büszkeség, az ego és a kapzsiság állandóan késleltet bennünket abban, hogy elérjük végső célunkat. Tovább élünk a tudatlanság sötétségében, ahol harag, gyűlölet és kettősség választ el bennünket egymástól. Ennek következményeként az emberek képtelenek úgy együtt élni, ahogy kellene. Ma nincs elégséges tolerancia a vallások között, csekély a kultúrák tisztelete egymás iránt, és teljesen hiányzik a nemzetek egymás iránti szeretete.

Legfőbb ideje annak, hogy kimutassuk szeretetünket embertársaink, az egész emberiség iránt, és imádkozzunk értük. Szeretetünket és jóságunkat kell mutatnunk akkor is, ha nincsen vér szerinti kötelék. Nagy lélek az, akiben egyenlő empátia és könyörület lakik minden iránt. A világ mai helyzetében azokért is imádkoznunk kell, akik háborúznak. Mahatma Gandhi mondta: "Nem a személyt gyűlöljük, hanem a cselekedetet". Imáink az egész világért szóljanak, és mindazokért, akik ezen a bolygón élnek. Kérjük, hallgassa meg imáinkat az Isten! Hogy remélhetnénk a tartós világbéke és a fenntartható fejlődés elérését, ha nem javítjuk ki először az emberi elme állapotát?

Az első lépés, amit tennünk kell, az, hogy Szeretetet és Tiszteletet ébresszünk tudatunkban, hogy meggyógyítsuk a régóta meglévő sebeket. A békét és a boldogságot nem lehet a piacon beszerezni; csak kifejleszteni lehet, belül. Egy jógi azt mondaná, hogy korlátozd igényeidet. Mondj le a kapzsiságról, haragról, kettősségről és szűklátókörűségről. Nyisd ki a szíved, és értsd meg a másik ember érzéseit, élethelyzetét és add meg számára a jogait. Adj neki boldogságot és megbocsátást. Ne tégy erőszakot senkivel sem fizikailag, sem lelkileg, sem érzelmileg. Soha ne légy más könnyeinek az okozója, mivel minden teremtmény Isten megtestesülése, és ő Mindenek Atyja. Minden őtőle jön, ő a végső. Isten egy, és mindenben ott lakik. Különböző nevekkel és képmásokkal ruházzuk fel – nevezzük Atyának, Allahnak, Isvarának, Isteni Akaratnak, Szeretetnek és legfelsőbb Önvalónak, Igazságnak és így tovább. Istennek megannyi képmása létezik, ahány ember él a föld színén. Ahogyan nagymesterem Bhagwan Sri Deep Narayan Mahaprabhuji mondotta: "Szeress minden élőlényt, ha nem jobban, legalább annyira, amennyire saját magadat."

Paramhans Swami Maheshwarananda



#### ARCHDIOCESE OF ADELAIDE Vicar General

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To His Holiness Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwarananda World Peace Council of Swami Madhavananda JMÉ Központ, Baross u. 121. 1086 Budapest, Hungary,

Dear Swamiji,

Greetings and blessings from your many friends in South Australia.

Your work for world peace is an urgent work! Violence abounds. Poverty is increasing and so many individuals and families live without hope.

Your mission in this world is a sacred mission. From your esteemed position as one of the world leaders in the mission for peace, you are able to meet and talk with government leaders in wide range of nations. I am sure your words of non violence and respect for all creation make a profound impression on these leaders. I pray that they take your message to heart.

This World Peace Summit 2009 held in Budapest in the lovely country of Hungary is a very important contribution to the healing of this planet and the support of so many people in need.

The theme of 2009 World Peace Summit is 'Inner Peace – The answer to the World Conflicts' is an extremely important theme.

So many of the world's conflicts are the product of greed, the abuse of power, racism, religious intolerance. Domination over others and violence become major weapons to subdue and to destroy. Too many people in our world see all this as inevitable and loose hope that change is possible and that love and goodness can triumph.

You are a sign of hope! You embody what peace, non violence and the power of love can become. Your message of Inner Peace holds in it a way to fulfillment and how good people can live their lives and so contribute the world community to peace as we address with world's conflicts.

And this World Peace Summit 2009 is a way in which so many people can come together to listen to you and to others and then to take the message of Inner Peace not only into their own lives but into the world. In this way we join you even more fully in helping to solve the painful conflicts that do so much damage to our world.

Thank you, Swamiji. It is great honour to know you, to be your dear friend and to support you in your holy and sacred mission.

Yours sincerely,

Monsignor David Cappo AO

Vicar General

#### **WORLD PEACE COUNCIL**

#### **SUMMIT 2009 HUNGARY**





Monsignor David Cappo Monsignor David Cappo AO püspöki helynök

Őszentsége Vishwaguru Mahamandaleshwar Paramahans Swami Maheshwarananda részére Swami Madhavananda Világbéke Tanács

#### KEDVES SWAMIJI,

Kérlek, fogadd dél-ausztráliai barátaid üdvözletét és áldását.

A világbékéért folytatott munkád sürgető feladat. Oly sok az erőszak a világban. A szegénység növekszik, rengeteg a reménytelenségben élő egyén és család.

A te küldetésed szent küldetés. A világ egyik nagyra becsült vezető egyénisége vagy, a béke küldötte, s mint ilyen, lehetőség nyílik számodra, hogy országok vezetőivel találkozz. Bizonyos, hogy szavaid az erőszakmentességről és minden teremtmény tiszteletéről mély hatást qyakorol rájuk. Imádkozom azért, hogy megszívleljék a tanításodat.

A Magyarország szép fővárosában, Budapesten tartandó 2009-es Világbéke Csúcstalálkozó igen fontos hozzájárulás a bolygó gyógyulásához, a szükséget szenvedők támogatásához.

A mostani Világbéke Csúcstalálkozó központi témája: Belső békével a világban zajló konfliktusok megoldásáért roppant fontos gondolat.

A világ konfliktusai közül hány és hány a kapzsiság, hatalommal való visszaélés, a fajgyűlölet és vallási türelmetlenség terméke! A mások feletti hatalomszerzés, az erőszak alávet és rombol. Sajnos, túlságosan sokan tartják ezt elkerülhetetlennek, s nem bíznak abban, hogy a változás lehetséges és győzhet a szeretet és a jóság.

Te a remény hírnöke vagy. Személyedben testesíted meg mindazt, amivé a béke és erőszakmentesség válhat, amit a szeretet ereje elérhet.

Tanításod a lelki békéről a kiteljesedés ígérete. Lehetőséget nyújt sok jó embernek ahhoz, hogy magában megteremtse, s életével hozzájáruljon a világközösség konfliktusoktól mentes, nyugodt életéhez.

Ez a mostani Világbéke Csúcstalálkozó lehetőséget nyújt sokaknak, hogy találkozzanak egymással, meghallgassanak téged, majd a lelki békéről szóló tanítást érvényesítsék saját életükben és eljuttassák másokhoz is szerte a világon. Ekként az eddigieknél is szorosabban csatlakozunk hozzád, hogy segítsünk megoldani a fájdalmas ellentéteket, amelyek oly sok kárt okoznak mindenütt.

Nagyon köszönjük, Swamiji! Nagy megtiszteltetés számunkra, hogy ismerhetünk téged, hogy közeli barátaid lehetünk, és hogy támogathatunk szent és magasztos küldetésedben.

Szívélyes üdvözlettel

**Monsignor David Cappo** püspöki helynök

"One in all and all in one" – HH Sri Swami Madhavananda

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**Rev. Raddoluwe Wima.lawansa Thero** *High Priest, Sri Subodha Ramaya Temple Raddoluwe, Kotugoda Sri Lanka.* 

#### ARTICLE FOR 8TH WORLD PEACE SUMMIT, TO BE HELD ON 2-4TH OCTOBER 2009.

World have become very aware of the need to coordinate efforts sustaining the 21st Century Millennium Goal ascertained by United Nations. We are all struggling for attaining the goal. But how is it possible? We all want peace, happiness, peaceful co-existence and what not.

But we see there is no less suffering in the world today and there are no fewer problems. Indeed, it could be said that there are now more problems and greater unhappiness than ever before. This shows that the solution to our problems and to those of society as a whole does not lie in knowledge or control of the external world.

The quality of life depends not upon external or material progress. For example, in the past many Buddhist as well as other faith believers lived in poor and underdeveloped countries, but they were able to find pure lasting happiness by practicing their own religion taught. Goutam Buddha who attained enlightenment gave sermon to the followers to practice 5 (five) precepts and to follow eight fold way of life which leads one to attain Nirvana by virtue of good karmic action life after life. If we integrate Buddha's teachings in our daily life, we will be able to solve all our inner problems and attain a truly peaceful mind. Without inner peace, other peace is impossible. If we first establish peace within our minds by training in spiritual paths, outer peace will come naturally, but if we do not world people will never be achieved-no matter how people campaign for it.

We all wish for world peace but peace will never be achieved unless we first establish peace within our minds and help others to develop such qualities. We can send so called peace keeping forces into areas of conflict but peace can not be imposed from outside with destructive arms and ammunitions. Only by creating peace within our own mind and helping others do the same can we hope to achieve peace in the world.

I seek blessings of Lord Buddha's Triple Zems to shower upon us to eliminate violence so that all human beings may live in peace and harmony within our global home. I am confident that the 8th World Peace Summit will mark milestone and reach a consensus for promoting peace in the troubled world.

Let me extend my best wishes for the grand success of the conference.

May all beings be happy.

Rev. Raddoluwe Wima.lawansa Thero High Priest Sri Subodha Ramaya Temple Raddoluwe, Kotugoda Srilanka.



#### Mr. Róbert Deutsch

Chief Rabbi, Director of the Budapest Rabbinate, Hungary

Gladly I received your inquery for taking part in the World Peace Summit. Unfortunately I could not take part in it since during this term is parallel to the Jewish Autumn Feasts, and exactly this time, 2nd October is the beginning of the Sukkot the Feast of Booths.

Ufeross aleinu sukkat shelomekha – Spread your sukkah of peace over us.

With this thought I ask God's blessing for all the participants of the World Peace Summit. I wish you a successful work furthermore.

#### הרבנות של הקהילה היהודית בבודפשט BUDAPESTI ZSIDÓ HITKÖZSÉG RABBISÁGA

ב"ה

Köszönettel vettem megkeresésüket a Világbéke Csúcstalálkozón való részvételt illetően. Sajnálatos módon azonban részt venni azon nem tudok, mert ezen időpont egybeesik az őszi zsidó ünnepekkel, pontosan október 2-án este kezdődik Szukkajsz, a Sátoos Ünnep.

Ufrajsz olénu szukász sölajmechó – és terjeszd ki fölénk békéd sátorát!

A Világbéke Csúcstalálkozó összes résztvevőjére ezen gondolattal kérem I-ten áldását.

További sikeres munkát kívánok Önöknek.





Mr. Tibor Zsohár

Pastor, International Missionary Congregation, Hungary

Respected Organizers,

Thank you for your kind attention and invitation that I am going to fulfill. I send this message with respect:

Philippians 4:6-7

Be afflicted for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

May God bless you in your work.

**Zsohár Tibor** pásztor, Nemzetközi Missziós Gyülekezet

Tisztelt Szervezők!

Köszönöm megtisztelő figyelmüket és meghívásukat, melynek eleget kívánok tenni. Tisztelettel Üzenem:

Fil. 4:6-7

Semmiért se aggódjatok, hanem imádságban és könyörgésben mindenkor hálaadással tárjátok fel kéréseiteket Isten előtt; és Isten békessége, mely minden értelmet meghalad, meg fogja őrizni szíveteket és gondolataitokat a Krisztus Jézusban. Isten áldja meg szerteteben munkájukat!







Ms. Katalin Kelemen Rabbi, Sim Shalom Progressive Jewish Community

The first progressive community of Jews after the Holocaust took its name from one of the oldest Jewish prayers "Sim Shalom... Give peace, kindness and blessing..."

The Hebrew word "shalom" means "peace" and the word "shalem" means "completeness". Both have the same origin. The members of my community have begun and are following a way where the creation of outer and inner peace leads to completeness.

The Jewish community has a lot to teach from "One in all, all in one". Twice a day, we repeat the command from the Torah: "S'má Jiszrael, Ádonáj Elohénu, Ádonáj echád..." This means "Listen Israel, The Eternal is our God, the Eternal is One." Here the one means the complete, the one that includes all things. To interpret the call of S'má, the Hungarian religious philosopher, Tábor Béla, explained the relationship between the One and the Many as follows:

"The only meaning of religion is to call the finite human to the infinite. But finite man is dispersed among many contents: purale tantum. Thus there is no finite man; there are only finite men. This statement is true for the man existing in the crowd; finite people are finding truth only within each other. The Many, in its complete meaning, is the essence of the finite man with all the dangers and opportunities. She or he can lose and find him/herself in the Many. She or he can lose him/herself, can devote his/her life to others, replace his/her existence with the existence of others, take shelter in the completeness of the Many. Thus life takes place not only within him or herself, not only above and around him/her, but he/she can also become impersonal within the Many. However he or she can also find a personal existence within the Many. He or she can make others the substance of his/her life and at the same time, can let him/herself be the substance of other's life. By doing both, he or she can become a person: a phase of the only continuous creation, where in every second she or he is creator and creature, part of the eternal creative dialogue." [Tábor Béla: A zsidóság két útja (The two paths of Jewery), 61. oldal – Pesti Szalon Könyvkiadó, 1939, 1990]

Man becomes part of the eternal creative dialogue through realization of the opportunity she or he receives at the birth by being formed in the image of God. In the Jewish tradition, this is a mode of action; the TIKUN OLÁM: the life that follows from the principle of repairing the world. The TIKUN OLÁM has been an important point in Rabbinical thought for nearly 2,000 years; we consider the Earth Chart to be one of its modern variation.

At the same time as the Conference of World Peace begins, so does Sukkot, the world-wide Jewish harvest festival. This has physical and mental aspects: we are literally sitting seven days under our tents – constructed intentionally to be a little unstable – and we are thinking about what is constant and what is changing in our fragile and wounded world. We consider what we can do to heal it. This most universal festival of Jews is accompanied by the image of "shukkat shalom": the messianic time when the 70 (meaning all) nations shall sit in one tent together, while above them the Eternal unfurls the cloth of peace.

I wish the participants of this meeting taste the experience of shukkat shalom, and that it inspire them to extend the walls of the Tent of Peace in their further work.

**L'shalom** 

#### Rabbi Kelemen Katalin

Sim Shalom progressive Jewish Community





The United Nations Staff Recreation Council is grateful for the invitation to participate in the 2009 World Peace Summit. Its theme, "Inner Peace---the Answer to the World's Conflicts"—is particularly relevant to the work of our Council which seeks, through individual clubs and societies, to allow United Nations staff members opportunity to develop that sense of personal equilibrium and tranquillity which will sustain them in their chosen life's mission to further the cause of peace within, among and between peoples.

United Nations staff, in the phrase of our Secretary-General Ban Ki-moon, is individuals of "talent and skill, experience and dedication." Our Staff Recreation

Council seeks to give that talent and skill a focus which, while unswervingly professional, can also enrich their own lives and those of others fortunate to share their accomplishments. Whether through sustained yoga practice, or the movement of graceful dance, or the precision of a martial art, or the serenity of a work of art, or the resonance of musical note, United Nations staff have personified in the balance of their lives and their work.

As Swami Maheshwaranandaji has said, we must not only understand and respect one another, we must welcome each other. That enhancement of a noble, but passive, quality into one that is active, inclusive and participatory is at the core of an inner peace which, while secure in its calm, is energetic in its promise. And that is precisely the premise of the creativity that United Nations staff members show in, and outside, their work. The United Nations Staff Recreation Council is proud to support, and be enriched, by them and glad of the opportunities it has to welcome to the United Nations chambers women, men and organizations of distinction – like Swamiji himself – who so graciously share their own wisdom, abilities and being.

Ramu Damodaran

#### Ramu Damodaran

az ENSZ Foglalkoztatottak Rekreációs Tanácsának elnöke

Az ENSZ Foglalkoztatottak Rekreációs Tanácsa hálás köszönettel fogadja a meghívást a 2009-es Világbéke Csúcstalálkozón való részvételre. A csúcstalálkozó témája: Lelki békével a világban zajló konfliktusok megoldásáért számunkra különösen fontos. A mi intézményünk azzal foglalkozik, hogy klubok és egyesületek bevonásával rekreációs lehetőségeket biztosítsunk az ENSZ foglalkoztatottak számára, hogy megteremthessék a kiegyensúlyozottságot és nyugalmat, ami feltétlenül szükséges hivatásuk gyakorlásához: a béke ügyének előmozdításához országokon belül, és a népek és nemzetek között is.

Az ENSZ munkatársai, Ban Ki-moon főtitkár úr szavaival, "nagy tehetséggel megáldott, képzett, tapasztalt és elkötelezett személyek". Testületünk arra törekszik, hogy a tehetség és képzettség birtokában kifejtett lankadatlan szakmai tevékenységük mellett, a munkatársak személyes élete gazdagodjék a szabadidős tevékenységek által, sőt azoké is, akikkel megoszthatják élményeiket. Mindegyikük kiválaszthatja a neki legmegfelelőbb szabadidős elfoglaltságot, legyen az akár elmélyültséget kívánó jóga, kecses mozgást fejlesztő tánc, nagy pontosságot igénylő harcművészet, a művészi alkotás emelkedettsége, vagy zene – mindaz, ami segít egyensúlyt teremteni éltükben és munkájukban.

Mint Swami Maheshwaranandaji mondta: "nem csak megértenünk és tisztelnünk kell egymást – örülnünk is kell egymásnak". A nemes elmélyülés passzív minőségével kiegészült aktivitás varázslatos békességet szül lelkünk mélyén, s ez a nyugalom és biztonságérzet nagy energiákat szabadít fel. Pontosan ez annak a kreativitásnak az előfeltétele, amit az ENSZ munkatársai tanúsítanak munkájukban és életük más területein. Az ENSZ Foglalkoztatottak Rekreációs Tanácsának nagy örömére szolgál, hogy ezt elősegítheti és maga is épülhet általa, s hogy az ENSZ termeiben küldöttségeket fogadhasson, kiváló férfiakat és nőket, mint Swamiji maga, akik nagylelkűen megosztják velünk bölcsességüket, és tudásukkal és egész lényükkel mindanynyiunk javát szolgálják.

Ramu Damodaran

#### WORLD PEACE COUNCIL

#### **SUMMIT 2009 HUNGARY**







H. E. Mr. Stjepan Mesič President of the Republic of Croatia

#### DEAR PARTICIPANTS, MY DEAR FRIENDS,

It gives me a great pleasure to welcome Your Holiness Professor Mahamandaleshwara Paramhans Swami Maheshwaranda, the esteemed guests and participants of this Conference. As peace conferences and work of His Holiness have been the subject of my interest for a long time, it is my honor to support, especially on this particular occasion, all joint efforts in raising awareness of current pressing issues concerning peace, ethics, education, environment protection and sustainable development encouraging and stimulating dialogue between individuals, nations, communities and cultures.

So far, the global economic crisis, we are facing today, has brought many challenges and conflicts. Simple and clear-cut solutions for situations of such proportions do not exist. That

also applies to life in general. What you need to create a better and more balanced future is calm and clear mind and a number of deliberate actions. Today, state leaders, public figures and media share collective responsibility in assisting and supporting every peaceful action. As a part of this global entity, Republic of Croatia is also affected by these events. As a statesman and individual I understand that achieving inner peace and balance in times of crisis and challenge is crucially important.

History teaches us about ups and downs, but also about the determination and persistence to maintain and protect basic human qualities shared by all of us. Thinking over his reign and life, Marcus Aurelius, the great ruler of the Roman Empire and Stoic philosopher said: "Because your own strength is unequal to the task do not assume that it is beyond the powers of man; but if anything is within the powers of province of man, believe that it is within the own compass so". Every man is a part of the whole with his ups and downs; however, the critical mass threshold itself may evolve over time stimulating positive changes.

I wish You much success in Your noble efforts to inspire every person in finding inner peace as a step towards peace in the world.

#### Öexcellenciája Stjepan Mesič

A Horvát Köztársaság Elnöke

#### KEDVES RÉSZTVEVŐK. KEDVES BARÁTAIM!

Nagyon nagy örömet szerez számomra, hogy üdvözölhetem Őszentsége Mahamandaleswar Paramhansa Swami Maheswaranda Professzort, és e Konferencia nagyrabecsült vendégeit és résztvevőit. Mivel a békekonferenciákat és Őszentsége munkáját régóta érdeklődéssel figyelem, megtiszteltetés számomra, hogy támogathatok, különösen ezen alkalomból, a tudatosság emelésére kifejtett minden egyesített erőfeszítést az olyan napjainkban hangsúlyos területeken, mint a béke, etika, oktatás, környezetvédelem és fenntartható fejlődés, az egyének, nemzetek, közösségek és kultúrák közötti párbeszéd bátorítása és serkentése.

Mindezidáig a világmérető gazdasági válság, amellyel szembenézünk, számos kihívást és ellentétet hozott. Egyszerű és egyértelmű megoldások ilyen arányú nehézségekre nem léteznek.. Ez általában is igaz az életünkre is. A jobb jövő megalapozásához lelki nyugalomra és tisztaságra, és számos eltökélt cselekedetre van szükség. Ma az államfők, a közszereplők és a média közös felelősséget viselnek abban, hogy mennyire támogatják a béke-megmozdulásokat. A globális közösség részeként a Horvát Köztársaság is érintett ezekben az eseményekben. Államfőként és egyénként is látom, hogy válság és kihívások idején a belső béke és egyensúly megszerzése mennyire kritikusan fontos.

A történelem megtanít bennünket arra, hogy létezik felemelkedés és hanvatlás, de arra is, hogy határozottak és kitartóak legyünk mindannyiunk közös emberi alapértékeinek a védelmében. Marcus Aurelius, a római birodalom nagy uralkodója és sztoikus filozófusa, átgondolva életét és uralkodását, azt mondta: "Ha a te erőd nem elég a feladatra, ne gondold, hoav az meahaladia az ember képesséaeit; de ha valami belül van az ember képesséaeinek határain, akkor hiaavi abban, hogy te is képes vagy rá." Minden felemelkedést és hanyatlást megélő ember része a nagy egésznek is, azonban a kritikus tömeg küszöbszintje idővel növekedhet pozitív változásokat előidézve.

Sok sikert kívánok nemes erőfeszítésükben, amellyel arra insirálnak minden embert, hogy találja meg belső békéjét a világbéke eléréséhez vezető lépésként.



Poštovani sudionici konferencije, dragi prijatelji,

Zagreb, 14. rujna 2009.

Veliko mi je zadovoljstvo pozdraviti Vašu svetost profesora Mahamandaleswara Paramhansu Swamija Maheswaranandu, ostale uvažene goste kao i sve sudionike ove konferencije. Kako već dulje vremena sa zanimanjem pratim mirovne konferencije i rad Njegove svetosti, prigodom i ovog susreta čast mi je dati podršku zajedničkim nastojanjima za podizanjem svijesti o gorućim pitanjima današnjice iz područja mira, etike, obrazovanja, zaštite okoliša i održivoga razvoja, u svrhu unaprjeđenja dijaloga između pojedinaca, nacija, zajednica i kultura.

U proteklom razdoblju svjedoci smo globalne ekonomske krize te ljudskih izazova i sukoba koje iz nje proizlaze. Za stanja takvih razmjera nema jednostavnih i brzih rješenja. Isto se odnosi i na život svakog pojedinca. Staložen um i promišljeno djelovanje nužan su preduvjet za postavljanje kvalitetnih temelja za bolju i uravnoteženiju budućnost. U ovim trenutcima osobito na državnicima, javnim osobama i medijima leži kolektivna odgovornost za optimalno i mirno djelovanje. Republika Hrvatska, kao dio globalne cjeline, također je zahvaćena ovim zbivanjima te kao državnik, ali i osoba-pojedinac, shvaćam potrebu za unutarnjim mirom u izazovima ovakvih vremena.

Povijest nas uči o usponima i padovima, ali isto tako i o upornosti ljudi u borbi za očuvanje temeljnih ljudskih vrijednosti koje su u nama svima sadržane. Marko Aurelije, veliki vladar rimskog carstva, ali i stoički filozof, razmišljajući o vladavini i životu svjedoči: »Ne osjećaj malodušnost ili uzaludnost kada ti ne uspije djelovati prema načelu ispravnosti, već, udaljen s puta, vrati se iznova istim načelima i budi zadovoljan ako je veći dio tvojih djela u skladu s prirodom čovjeka.« Svaki pojedinac kao dio cjeline podložan je usponima i padovima, ali u jednom trenutku stvori se ona kritična masa koja je u mogućnosti potaknuti pozitivne promjene.

Vašim plemenitim naporima da nadahnete svakog pojedinca za unutarnji mir kao korak prema svjetskom miru želim uspjeh i realizaciju.





**H.E. Dr. Danilo Türk**President of the Republic of Slovenia

To the Organizing Committee of 8<sup>th</sup> World Peace Summit for the "Summit Souvenir"

Ljubljana, 14 July 2009

I am glad to learn that this year's World Peace Summit entitled "Inner Peace - the Answer to World Conflicts" is dedicated to youth and world peace, which are two priorities we shall all strive to protect.

We must offer young people the chance to prove themselves, but also to live a full life, to become independent and to be integrated early enough into the formation of the community, and to raise their own families with the feeling of a safe future provided by a stable society.

For this reason youth must be our priority when we consider tasks to be carried out to address development issues and provide development aid. If humankind does not meet the Millennium Development Goals there will be no global development, no global political stability and also no global peace.

The topic of the 8<sup>th</sup> World Peace Summit is of crucial importance in this time of increasing hunger and poverty around the world, and therefore needs our attention and action to help build a better future and better life for all.

Yours,

D=6 /m



H.E. Mr. Željko Komšić
Chairman of the Presidency of Bosnia and Herzegovina



Predsjedatelj Željko Komšić

#### Dear friends

The idea of the World Peace is still the most important idea of the civilized world. Without peace, every other idea remains only a dream. Therefore, I support you in your activity not only to dream about peace but to actively engage in making it true.

From its own experience, my Country, Bosnia and Herzegovina recognizes the importance of preservation and improvement of long-lasting peace, security and stability of democratic and comprehensive social development and contribution to international peace and stability.

Being a small but multi-ethnic, multi-national and multi-confessional country with a rich historic heritage, Bosnia and Herzegovina is conversant with a plethora of socio-political systems and cultural and historical context. Bosnia and Herzegovina is willing to share its experience in building peace in a post-conflict situation, particularly in the area of fostering confidence among multicultural communities, and thus actively contribute to a better understanding and long-term reconciliation in such regions.

The subject of your Summit: "Inner Peace – the Answer to World Conflicts" presents a practical and human path to the better future of all of us who share our beautiful but troubled world.

Željko Komšić Chairman of the Presidency Bosnia and Herzegovina





H.E. Mr. Ranjit Rae Ambassador of India to Hungary





भारत का राजदूत बुदापैश्त AMBASSADOR OF INDIA BUDAPEST Tel.: 325-7742, 325-7743 Fax: 325-7745 E-mail: chancery@indianembassy.hu

12 August 2009

The message of India's ancient civilisation is "Ekam Sat, Vipra Bahudha Vadanti", there is one truth, the sages describe it in various ways. This is a message of timeless relevance. In our troubled contemporary times, we have to reinforce the values of tolerance, respect and mutual understanding amongst religions, nations and cultures. We must strive to achieve harmony between material and spiritual needs, between man and man and between humankind and nature.

It is fitting that the World Peace Summit is being inaugurated on 2<sup>nd</sup> October, Mahatma Gandhi's birth anniversary, which has been declared the International Day of Non-violence by the United Nations. The best tribute that we can pay to Gandhiji is to adhere to his twin precepts of truth and non-violence in our daily lives.

I would like to congratulate Sri Swami Madhavananda World Peace Council for organising the World Peace Summit in Budapest and wish the participants all success in their deliberations.

(Ranjit Rae) Ambassador

Ambassa

India ősi civilizációjának alapgondolata: "Ekam sat, vipra bahudha vadanti: Az igazság egy – a bölcsek különféleképpen beszélnek róla." Ez örök érvényű tanítás.

Gondokkal terhes jelenünkben újra meg kell szilárdítanunk a tolerancia, a vallások, nemzetek és kultúrák iránti tisztelet, a kölcsönös megértés értékeit. Arra kell törekednünk, hogy harmóniát teremtsünk anyagi és lelki-szellemi szükségleteink között; valamint ember és ember, az emberiség és a természet viszonyában.

Rendjénvaló, hogy a Világbéke Csúcstalálkozó október másodikán kezdődik, Mahatma Gandhi születése napján, amelyet az Egyesült Nemzetközi Nemzetek Szervezete az Erőszakmentesség Nemzetközi Napjának nyilvánított. Gandhiji előtt úgy róhatjuk le méltóképpen tiszteletünket, ha mindennapi életünket az ő ikertanítása hatja át: igazság és erőszakmentesség.

Elismerésemet fejezem ki a Sri Madhavananda Világbéke Tanácsnak a Világbéke Csúcstalálkozó budapesti ülésének megszervezéséért, és a legteljesebb sikert kívánom a találkozó részvevőinek törekvéseik megvalósításához.

Ranjit Rae

az Indiai Köztársaság magyarországi nagykövete





I extend my warmest best wishes to everyone taking part in the 2009 World Peace Summit in Budapest.

I also offer my congratulations for your ongoing efforts to create and promote understanding and harmony across the globe, and raise awareness and concerns about the environmental health of our planet.

This year's event will once again reflect the beliefs and messages of Mahatma Gandhi and Swami Madhavananda, men of peace and tolerance who have earned great admiration and respect. It will also be suffused with the ideals, principles

and aspirations of Sri Swami Maheshwarananda, whom I have known for a number of years. I have spent some time with the Swamiji, both in South Australia and having visited his ashram in Rajasthan, and I have always appreciated his wise counsel and practical interest in the environment and environmental education. I have briefed Swamiji on the progress we are making in South Australia in the use of wind, solar and geothermal energy as we continue to lead our nation in the use of sustainable resources. In a State without hydro-electricity, I want South Australia to have 33 per cent of its electricity generated from renewable sources by 2020.

Swamiji has also been very supportive of our program to plant millions of trees to improve our carbon-absorbing capacity and conserve our unique local biodiversity. I hope the 2009 World Peace Summit proves a rewarding and spiritual event for everyone involved, and I wish you all the very best for the future.

Mike Rann

Premier of South Australia

#### Mike Rann

Dél-Ausztrália miniszterelnöke

A legmelegebben üdvözlöm a 2009-es budapesti Világbéke Csúcstalálkozót, és jókívánságomat küldöm minden résztvevőnek.

Gratulálok a nemes erőfeszítéshez, amellyel a megértést és a harmóniát kívánják megteremteni és támogatni világméretekben, és felhívni a figyelmet bolygónk környezeti egészségének fontosságára. Az idei találkozó megint csak megemlékezik Mahatma Gandhiról és Swami Madhavanandajiról, a béke és tolerancia képviselőiről, akiket a világ csodál és nagy tiszteltben tart. Az esemény újfent az Ő tanításaik jegyében zajlik, és persze át van átitatva Sri Swami Maheshwaranandaji magasrendű szellemiségével, s az Ő elképzeléseivel. Őszentsége Swamijit jónéhány éve van szerencsém ismerni. Együtt lehettem vele Dél Ausztráliában és ellátogattam rádzsasztháni asrámjába. Mindig nagyra becsültem bölcs meglátásait és gyakorlati tevékenységét a környezet megóvásával és a környezettudatos neveléssel kapcsolatban. Tájékoztattam Swamijit arról, hol tart most Dél Ausztrália a szél- a nap és geotermikus energia felhasználásában. Országunkat, ahogy eddig, továbbra is a fenntartható energiahasználat útján kívánjuk vezetni. Terveink szerint – vízenergia hiányában – 2020-ra Dél Ausztrália energiafelhasználásának 33%-a megújuló erőforrásokból származik majd.

Komoly támogatás volt Swamiji részéről, hogy sok millió fát ültetett el nálunk, ami csökkenti a levegő széndioxid terhelését, s elősegíti az itteni környezet páratlan biodiverzitásának megóvását. Remélem, a mostani Világbéke Csúcstalálkozó eredményes lesz, és szép spirituális élmény minden érintett számára. Kérem, fogadják legjobb kívánságaimat a folytatáshoz.







#### The Hon. Shri Ashok ji Gehlot

Chief Minister of Rajasthan





CHIEF MINISTER
RAJASTHAN

I am glad to know that the 8th World Peace Summit is being organized by Sri Swami Madhavananda World Peace Council in cooperation with the Hungarian Union of Yoga in Daily Life at Budapest on 2nd-4th October 2009.

The subject of the summit 'Inner Peace – the Answer to World Conflicts' is extremely relevant in the Strife-torn conflict strickenworld of today. Where there is injustice, there is conflict. There are numerous factors such as exploitation, poverty, corrupt practices, resource scarcity and dehumanizing beliefs that lead to conflict at the local and international level. Similarly, the greatest challenge being faced by the mankind is to free the world from the threat of violence and terror. This threat is not restricted to a particular country or reason.

Indian philosophy has been a leading light of peace, non-violence and self-restraint. Our Vedic sages in the ancient time and Mahatma Gandhi in the modern time worked hard to establish a peaceful and non-violent world. The Vedic peace-mantras testify that peace and non-violence are fundamental to Indian way of life. Mahatma Gandhi considered non-violence a weapon of the strong. Inner peace is the most valuable thing that we can cultivate. If we harbour negative and destructive thoughts, inner peace will always remain a far cry. There can be no peace in the outside world without having the inner peace. Hence, the world conflicts can be resolved only through peace.

I convey my best wishes for the success of the Summit and hope the souvenir to be brought out on this occasion will inspire everybody to adopt peace and non-violence in our daily life.

(Ashok Gehlot

Nagyon örülök annak, hogy a Sri Swami Madhavananda Világbéke Tanács a Magyar Jógaszövetséggel és a Jóga a mindennapi életben rendszer szervezeteivel együttműködésben megrendezi 8. Világbéke Csúcstalálkozót Budapesten 2009. október másodika és negyedike között.

A csúcstalálkozó témája – Lelki békével a világ konfliktusainak megoldásáért – rendkívül fontos a ma küzdelmekkel és konfliktusokkal terhes világában. Ahol igazságtalanság van, ott konfliktusok vannak. Számos tényező, kizsákmányolás, szegénység, korrupció, forráshiány, embertelen meggyőződések vezetnek összecsapásokhoz helyi és nemzetközi szinten egyaránt. Ezért a legfőbb feladat ma az emberiség számára, hogy megszabadítsa a világot az erőszak és a terrorizmus veszélyétől. Ez a veszély nem csak egyetlen országot fenyeget, és több oka lehet.

Az indiai filozófia mindig fáklyafény volt a béke, az erőszakmentesség és önmérséklet útján. Az védikus korősi bölcsei éppúgy, mint korunkban Mahatma Gandhi roppant erőfeszítéseket tettek a békés, erőszakmentes világért. A védikus békemantrák ékesen bizonyítják, hogy a béke és az erőszakmentesség mindig is alapvető értékek voltak az indiaiak szemléletében. Mahatma Gandhi azt tartotta, hogy az erőszakmentesség az erősek fegyvere. A belső béke kifejlesztése a legnagyobb kincs, amit csak birtokolhatunk. Negatív és destruktív gondolatokat őrizgetve a lelki béke sohasem érhető el. A külvilágban sem lehet béke és nyugalom, ha a lelkünkben nincs békesség. Következésképpen, a világ konfliktusai sem oldhatók meg másképpen, mint békességgel.

Sok sikert kívánok, és a legjobb kívánságaimat küldöm a Csúcstalálkozó megrendezéséhez! Remélem, hogy a találkozóról készült kiadvány mindenki számára ösztönző erő lesz ahhoz, hogy békét és erőszakmentességet vigyen mindennapi életébe.

#### Ashok Gelot

Rajasthan miniszterelnöke



Born 1934 in Durban South Africa spent much of his adult life in India working as a journalist and promoting social and economic changes for the poor and the oppressed classes. Along with his wife Sunanda he rescued about 123 orphan and abandoned children from the streets and placed them in loving homes around the world. They also began a Center for Social Change which transformed the lives of millions in villages in the western state of Maharashtra.

In 1987 Sunanda and Arun came to the US and in 1991 started the M. K. Gandhi Institute for Nonviolence at the Christian Brothers University in Memphis Tennessee. In 2007 the Institute was moved to the University of Rochester, New York, and in 2008 Arun resigned from the Institute to start the Gandhi Worldwide Education Institute with the mission to build basic education schools fro the very poor children of the world. The first school will come up shortly in a depressed village in western India. See: www. gandhiforchildren.org The Gandhi's took the message of nonviolence and peace to hundreds of thousands of high school and University youth around the US and much of the Western World. Publications: The Legacy of Love; The Forgotten Woman – the Life of Kastur, wife of Gandhi, and several others.



#### GANDHI'S CONCEPT OF PEACE

By Arun Gandhi, grandson of Mahatma Gandhi (Founder/President: Gandhi Worldwide Education Institute, USA)

Living with my grandfather, the eminent Mohandas K. Gandhi, in a simple mud hut at Sewagram Ashram in Central India in 1946, I learned a lot about his philosophy and his worldview through simple, understandable stories and lessons. Part of my daily routine was an hour with him when we would sit on the shaded verandah and spin cotton yarn on a simple spinning wheel that he had devised. I was 12 years old when the story of Emperor Ashoka, the ancient Indian peacemaker, was discussed in our history class.

That afternoon I asked grandfather what was his concept of peace and how can it be attained. "I will tell you the story of an ancient Indian King who, like you today, became very curious about the meaning of peace." The King held an open dialogue and invited anyone in his kingdom to come and share his or her understanding of peace. There were erudite papers and many lengthy discussions but apparently no one could come up with a theory that would satisfy the king.

A few days later, said grandfather, a well-known intellectual from another town came to pay his respects and the King asked him: "Do you know the meaning of peace?" The visitor said: "No, but I know someone who does." He suggested that the King visit an old sage who lived just outside the Kingdom: "He is too old to come here so you will have to visit him," the visitor explained. The next day the King visited the sage and asked him the vexing question. The sage quietly went into the house and returned minutes later with a grain of wheat in his hands and placed it on the outstretched palm of the King and said: "Here is your answer." The King was puzzled. What could a grain of wheat have to do with peace? However, he did not wish to show his ignorance so the King left with the grain of wheat still clutched in his fist. At the palace the King sent for a little gold box, carefully placed the grain of wheat in the box and locked it in his safe. Every morning the King opened the box to see if there was an answer and, of course, he found none. Several days later the visitor returned and the King eagerly asked him to explain the conundrum. "The sage gave me this grain of wheat and I don't know what wheat has to do with peace," the King said. The intellectual replied: "The answer is simple. If you leave this grain in this gold box it will eventually rot and perish and that will be the end of the story. However, if this grain is planted in the soil and allowed to interact with all the elements it will sprout and grow and soon you would have a whole field of wheat. Therein lies the meaning of peace, the intellectual aid. If one finds peace for himself or herself and guards it jealously then that peace will perish with the individual. But, if we find inner peace and let it interact with all the elements, like the seed of wheat, it will sprout and grow and soon there will be peace all over, grandfather explained.

I am reminded of this story because the theme of this conference is about finding inner peace to facilitate world peace. While I agree that it is important for individuals to seek inner peace I believe it is equally important for all of us to understand the interconnectedness of all living things and, in fact, with all of nature.

Recently, I found myself debating this very notion with a dear friend who at 50 is still not certain what inner peace is and how it can be attained. I was echoing my grandfather's arguments that the search for inner peace must be simultaneous with the work of harmony in society. One could spend a whole lifetime searching for inner peace with single-minded devotion and neglect the family and community altogether. Then there are those who have succeeded in finding inner peace and are content to enjoy it selfishly.

My grandfather's ideology was that true inner peace can and must be attained only through the selfless service of the impoverished and the oppressed. In trying to understand peace, grandfather said, there are some important issues to remember. First, that we are not independent, self-centered individuals and that we should not be content to lead our own lives and not care about others. That we are all inter-dependent inter-related and inter-connected. No nation, as no individual, can expect to live in peace while ignoring the violent turmoil that consumes the world.

Second, that peace does not mean the absence of war or violence. Peace means creating a world community that is rooted in love, respect, understanding, compassion and acceptance, where we can see ourselves in others and others in our selves and feel each others pain. Then the relationship between individuals and between nations will be built on mutual respect and genuine peace.







Mr. Surva Kumar Bose

Director, Bose Information Technology

The nucleus of inner peace is purity of heart and mind – a difficult thing to achieve in this day and age. Our world is at present going through a very rigorous transformation in the sphere of political alignments, social customs, cultural and religious intolerance. I am reminded of the words of Swami Vivekananda, "Assimilation and not Destruction, Harmony and Peace and not Dissention should be the basis of growth of every religion, which must assimilate the spirit of the others and yet preserve its individuality".

What we need today is clarity of thought and honesty of purpose in our actions. I am a staunch believer in practice rather than just in theory or dogma. And I also believe that each individual has a duty towards his country and to the world at large. I may be the citizen of a particular country but I feel that I am a global citizen; and this is where ordinary mortals like us have

Sunya Kuman Bose

to draw inspiration from the deeds of great personalities, be it in spiritual or in the political sphere. 'Swamiji was a full-blooded masculine personality — and a fighter to the core of his being. He was consequently a worshipper of Shakti and gave a practical interpretation to the Vedanta for the uplift of his countrymen. "Strength, strength is what the Upanishads say"—that was a frequent cry of his. He laid the greatest stress on character-building. I can go on for hours and yet fail to do the slightest justice to that great man. He was so great, so profound, so complex. A Yogi of the highest spiritual level in direct communion with the truth who had for the time being consecrated his whole life to the moral and spiritual uplift of his nation and of humanity, that is how I would describe him..." – this is how Subhas Bose described his spiritual guru Swami Vivekananda. After Vivekananda's demise in 1902, his religio-philosophical movement continued through the personality of Aurobindo Ghosh, who, however, did not keep aloof from politics, and by 1908 became one of the foremost political leaders of India. In him, spirituality was wedded to politics, and although he retired from politics in 1909, spirituality and politics continued to be associated together as a heritage in the life of Lokmanya Bal Gangadhar Tilak, Mahatma Gandhi and Netaji Subhas Chandra Bose.

Mahatma Gandhi may have lived in a different age but his message of "Ahimsa" will be passed on through the generations. We can gradually proceed to attaining peace within ourselves and around us if only we try to follow in his footsteps. The path will be thorny but the end will be a happy one.

A belső béke lényege a szív és az elme tisztasága, amit korunkban és hétköznapjainkban egyaránt nehéz megvalósítani. Világunk a politikai szövetségek, a társadalmi szokások és a vallási intolerancia területeinek mindegyikén rendkívül zord változásokat él meg. Swami Vikekananda szavai jutnak eszembe: "Minden vallás fejlődésének az alapja a mások szellemiségét befogadó, ugyanakkor egyedi sajátosságát megőrző Befogadás és nem Rombolás; Harmónia és Béke, nem pedig Vélemény Különbség kellene, hogy legyen".

Amire manapság szükség van, az a gondolat tisztasága és a tetteink mögött lévő szándék őszintesége. Magam részéről, sokkal inkább vagyok a gyakorlat őszinte híve, mintsem az önmagukban álló elméleteké vagy dogmáké. Abban is hiszek, hogy minden embernek kötelezettségei vannak országa és általában a világ irányába. Lehetek egy konkrét ország lakosa, ugyanakkor azt is érzem, hogy a világ polgára vagyok és ez az a helyzet, amikor a hozzánk hasonló halandóknak, akár a politikai, akár a spirituális élet nagyjainak tetteiből kell inspirációt meríteniük.

'Swamiji életerős, férfias személyiség volt, egyben ízig-vérig harcos is. Ebből következően Shakti tisztelője, aki a Vedanta-t honfitársai felemelése érdekében, a gyakorlat nyelvére fordította. "Erő, erő az, amit az Upanishadok tanítanak" – volt gyakori felkiáltása.' A legnagyobb hangsúlyt a jellem fejlődésére fordította. "Órákon át tartó töprengés árán sem vagyok képes fogást találni ezen a nagy emberen. Oly nagy volt, oly mély és oly összetett. A legmagasabb spirituális szinteket elért, az igazsággal közvetlen kapcsolatban lévő Jógi volt, aki egész hátralévő életét nemzete, valamint az emberiség erkölcsi és spirituális felemelésének szentelte. Így tudnám őt leginkább leírni...." - Subhas Bose eképpen fogalmazott Spirituális Mesteréről, Swami Vivekanandaról.

Vivekananda 1902-es távozása után Aurobindo Ghosh révén folytatódott vallási-filozófiai mozgalma, aki nem tartotta magát távol a politikától, így 1908-ra India legkiemelkedőbb politikai vezéralakjainak egyikévé vált. Személyében a spiritualitás és a politika jeavben jártak, és bár 1909-ben visszavonult a politikai élettől, a spiritualitás és a politika társítása az ő örökségeként maradt fenn Lokmanya Bal Gangadhar Tilak, Mahatma Gandhi és Netaji Subhas Chandra Bose életében.

Mahatma Gandhi más korban élt ugyan, 'Ahimsaról' szóló üzenetét azonban az egyes generációk tovább adják. Ha megpróbáljuk lépteit követni, fokozatosan haladhatunk előre az önmagunkban és a környezetünkben teremtett béke irányába. Maga az út nehéz lesz, a vége azonban boldog.



The Hon. Mrs. Alena Gajdůšková Parlament of the Czech Republic, The Senate, 1st Vice-President

### PARLIAMENT OF THE CZECH REPUBLIC THE SENATE

ALENA GAJDÚŠKOVÁ

1st VICE-PRESIDENT

Dear Friends.

I do really appreciate your invitation to the World Peace Summit 2009 held in Budapest. I am really sorry that this time I cannot accept your invitation.

In the term of the Summit I will attend the offical journey to Scandinavia planned long before. Anyway I would like know results of the summit for example in any written from. I wish you to achieve in struggling for the world peace!

Yours sincerely

A. Gajihinhara

Alena Gaidůšková Parlament of the Czech Republic. The Senate, Vice-President

#### Alena Gajdůšková

a Cseh Köztársaság Parlamentje, Szenátus, első alelnök

Prága, 2009. szeptember 15.

Kedves Barátaim!

Nagyra értékelem a 2009-es budapesti Világbéke Csúcstalálkozóra szóló meghívásukat. Sajnálatomra most nem tudom elfogadni a meghívásukat.

A Csúcstalálkozó időszakában egy jóval ezelőtt lekötött utazást teszek Skandináviában. Mindemellett szeretnék tudomást szerezni a Csúcstalálkozó eredményéről, bármilyen írott formában. Sok sikert kívánok a világbékéért folytatott erőfeszítésükhöz!

Tisztelettel:

Alena Gajdůšková a Cseh Köztársaság Parlamentje, Szenátus, első alelnök





**Dr. István Hiller** *Minister of Education and Culture Republic of Hungary* 

This period of world crisis favours neither the recovery of inner peace nor that of freedom from violence.

When we are surrounded by woes, we become anxious, dissatisfied and frustrated, and we feel the need to find who is responsible in order to release tension and to "take revenge" for real or imagined injuries. In the course of history, this process has taken place more than once.

For this reason, I find just such world conferences extremely important and this is why the responsibility of the leaders of various communities is so great – the responsibility to set an example, whether of a political or a religious nature.

Almost everyone is responsive to thoughts targeted at the recognition and acceptance of others; the trouble starts when we are faced with specific cases, specific people, countries or religions.

The key to the solution of these problems lies in the hands of our children, and since we are raising them, it is also our responsibility. Are we capable of setting an example for them which demonstrates an implicit acceptance of and respect for others? I think not. I think there is an ocean of tasks to be done in this territory, and time is of the essence. Both parents and schools have their own set of tasks. Parents are responsible for setting an example while the schools have the job of teaching acceptance and respect for cultural, ethnic and religious differences, as well as the practical furtherance of tolerance and understanding of each other.

We know that various cultures, peoples and religions are equal and alike. World history and the history of war, however, are all about how some people wish to force their will on others, or they consider themselves better than others and want to demonstrate this. What horrors have been committed in the history of mankind on behalf of religious belief or in the name of sincere faith in superiority!

Educational institutions play a vital role in the teaching of tolerance. These days, unfortunately there are even difficulties with the acceptance of this word, not to mention the content thereof. It is my conviction that the attitude of acceptance, patience and understanding must be instilled in our children from nursery school on. Opportunities should be provided our toddlers and elementary school children to encounter people and cultures very different from themselves, and perhaps by the time they have reached adulthood, this will have become natural for them.

But we haven't reached that point yet. The world is full of violence, impatience and the aggressive spread of exclusivity. An effective battle must be waged to reverse the present mood of intolerance because we are in the last hours. I sincerely trust that we shall once succeed.

Dr. István Hiller

Minister of Education and Culture Republic of Hungary

After Mo

Dr. Hiller István

oktatási és kulturális miniszter

A világválságok időszaka nem kedvez a belső béke megtalálásának, sem az erőszakmentességnek.

Amikor gyűlnek a bajok körülöttünk, szorongunk, elégedetlenek, frusztráltak leszünk, s meg kell találni, pontosabban ki kell nevezni valakit vagy valakiket felelősnek, hogy feszültségünket levezethessük rajta, hogy "boszszút állhassunk" valós vagy vélt sérelmeinkért. A történelem során sajnos nemegyszer játszódott már le ez a folyamat.

Ezért is tartom kiemelkedően fontosnak az ilyen világkonferenciákat, s ezért is oly nagy a különféle közösségek vezetőinek felelőssége abban, hogy milyen példát mutatnak, legyen szó akár politikai, akár vallási vezetőkről.

Az egymás megismerését és elfogadását célzó gondolatok majdnem mindenki számára szimpatikusak, a gond mindig a konkrét esetekben, konkrét emberekkel, államokkal, vallásokkal szemben adódik.

A helyzet megoldásának kulcsa a gyerekeink kezében van, s mivel mi neveljük őket, miénk a felelősség is, hogy képesek vagyunk-e olyan példát mutatni nekik, amely szerint a másik elfogadása és tisztelete magától értetődő. Tartok tőle, hogy nem. Tartok tőle, hogy tengernyi tennivalónk van még ezen a téren, s az idő sürget. A szülőnek és az iskolának egyaránt megvannak a maga feladatai. A szülőnek a személyes példamutatás, az iskolának pedig a kulturális, etnikai és vallási különbségek elfogadásának és tiszteletének megtanítása, a toleranciának és egymás megértésének gyakorlati előmozdítása.

Mi tudjuk, hogy a különböző kultúrák, népek, vallások egyenlőek és egyformán fontosak. A világ története, a háborúk története azonban arról szól, hogy egyes népek rá akarják kényszeríteni az akaratukat más népekre, vagy magukat többre tartják másoknál, és ennek érvényt is akarnak szerezni. Mennyi borzalmat követtek már el az emberiség történelme során vallási meggyőződésből, vagy a felsőbbrendűségbe vetett őszinte hit nevében!

Az oktatási intézmények szerepe létfontosságú a tolerancia megtanításában. Manapság sajnos már magának a szónak az elfogadásával is gondok vannak, nem beszélve az abban foglalt tartalmakról. Meggyőződésem, hogy már óvodáskorban el kell kezdenünk az elfogadás, türelem és megértés szellemiségének belenevelését a gyerekekbe. Az óvodások, kisiskolások részére meg kell szervezni azokat a lehetőségeket, amikor találkozhatnak tőlük nagyon különböző emberekkel, kultúrákkal, s így talán felnőttkorukra ez lesz számukra a természetes.

De ma még nem itt tartunk. A világ tele van erőszakkal, türelmetlenséggel és a kizárólagosság agresszív hirdetésével. Azonnal el kell kezdenünk a hatékony küzdelmet a jelenlegi intoleráns közhangulat megfordítása érdekében, mert a 24. órában vagyunk. Őszintén bízom benne, hogy sikerrel járunk majd!

Dr. Hiller István

oktatási és kulturális miniszter







**Mr. Anantkumar Hegde** *Member of Parliament of Republic of India* 

I am very pleased to state that, the World Peace Council of Shri Madhavanandaji and Hungarian Union of Yoga have invited me as a special guest for 8th world peace summit in Republic of Hungary on 2nd and 4th October 2009.

Yes, I agree that the world is being suffering by its own multi-dimensional inner conflicts. Either it may be because of selfish ego or, it may be because of geo-political dispute or in any other format. But we need the comprehensive solution for all the same. In the mean while the Peace Summit is being organizing in Republic of Hungary is really appreciable in this back ground scenario. I would congratulate the World Peace Conference headed by His Holiness Shri Maheshwarananda Swamiji in this regard, that, Swamiji is being an origin of India, we proud to say that,

"He is the real cultural Ambassador of our great country"

Because, India is such a country, since from the last 2000 years or more, we have not attempted a single war against any country or religion in this world so far from our side. The history it self is evidence for the same. But at the same time we have paid a lot because of that. Still we proud, that we are maintaining the same tradition since from thousands of years with our own un-comparable cost. From the holy land of numerous Saints and Incarnations who were the pioneers of world peace I wish and pray to the Almighty that the Summit will reach a consensus of promoting peace among human beings world over.

Best wishes once again. Thanking you Yours truly,

#### Anantkumar Hegde

#### Mr. Prabhat Jha

Member of Parliament and National Secretary, Bharatiya Janata Party, India

Highly revered,

Vishwaguru Mahamandaleshwar Paramhans Swami Maheswarananda ji

Sadar Namai

As world knows without any reservation that INDIA is one of the oldest civilizations in the world with a rich cultural heritage, spanning a period of more than 5000 years.

It is home to the Indus Valley and Vedic Civilisation. In fact India was identified with its cultural wealth for much of its long history. It is home of Veda, Vedanta, Upanishad and thousands holy books who preach and guide the balance way of life. It's people are deeply religious and most of its citizens are god-fearing.

India's basic instinct is 'Sarva Dharm Sambhav'. It says,

Sarve bhavantu sukhinaḥ sarve santu nirāmayāḥ Sarve bhadrāṇi paśvantu mā kaścit duḥkha bhāgbhavet

("May all be happy. May all be free from disabilities.

May all see auspicious things. May none suffer sorrows.")

In 21st century, when terror is all pervading, consumerism on spiralling height only India and Indians can provide hope and alternative vision to the World. Swamiji, we highly regard your holy works to the humanism. We pray that your divine works would mitigate the sufferings of humanity.

Regards, Yours sincerely

Prabhat Jha



Human Rights Ambassador, Ministry of Foreign Affairs, Hungary



In today's globalised world, we cannot find any country where all people speak the same language, are devoted to the same cultural values or nourish all the same traditions. Therefore, all members of the international community should realise and accept the fact that different national, ethnic, linguistic, or cultural minorities contribute greatly to the cultural and social richness of every country. It is especially important to recognise this now, when social intolerance, xenophobia, and racism are spreading in almost every region of the world, bringing with them various kind of attacks against differing cultural values. We can resist these phenomena by offering the good example of the political elite, by promulgating decrees which strengthen social solidarity, and by expanding the kind of education

which conveys tolerant social values. Nowhere can the silent minority permit extreme groups to form the system of values in society regardless of their claims to cultural superiority. We have to do everything possible to deepen international cultural, political, scientific and economic cooperation, since this, particularly education in its educational aspect offer the only possibility for eliminating the ideologies and negative stereotypes which stem generally from lack of knowledge.

As the Human Rights Ambassador of the Hungarian Ministry of Foreign Affairs, it gives me great pleasure to take the lead in preparing for the planned International Budapest Centre for the Prevention of Genocide and Grave Human Right Injustice, whose future work will focus attention on threatened minorities around the world and offer suggestions to alleviate their problems. According to my view, by spreading knowledge about each other's cultures, civilisations, an effective Centre will also benefit the other countries of the region both by preventing conflicts and opening dialogues

Accordingly, I wish great success to the participants of the Summit, in the belief that these summits may provide an important step towards creating a more peaceful, tolerant world.

#### Dr. Lakatos István

emberi jogi nagykövet Magyar Köztársaság Külügyminisztériuma

Jelenlegi globalizált világunkban nem találhatunk egyetlen olyan országot sem, ahol minden ott élő ugyanazon a nyelven beszélne, vagy ugyanazon kulturális értékeket vallaná, tradíciókat ápolná. Mindezek alapján a nemzetközi közösség valamenynyi tagjának fel kell ismernie és el kell fogadnia azt a tényt, hogy a különböző nemzeti, etnikai, nyelvi vagy kulturális kisebbségek jelenléte nagyban hozzájárul egy adott ország társadalmi és kulturális gazdagodásához. Ez a felismerés különösen napjainkban fontos, amikor láthatóan a világ szinte valamennyi régiójában terjedőben van a társadalmon belüli intolerancia, megszaporodtak az eltérő kulturális értékek elleni támadások, és erősödőben van az idegengyűlölet és a rasszizmus. Ezen jelenségek ellen egyrészről a politikai elitek példamutatásával, a társadalmi szolidaritást erősítő intézkedéseivel, másrészről az értékeket közvetítő oktatás megerősítésével lehet felvenni a harcot. A csendes többség nem engedheti meg egyetlen országban sem, hogy egyes szélsőséges, bizonyos kultúrák alá- vagy fölérendeltségét hangoztató csoportok határozzák meg a közbeszédet és főleg alakítsák a társadalom értékrendjét. Mindent meg kell tennünk a nemzetközi kulturális, politikai, tudományos és gazdasági együttműködés elmélyítése érdekében, ugyanis a kirekesztő ideológiák, a negatív sztereotípiák általában az ismeretek hiányára vezethetők vissza, ami ismét megerősíti az oktatás szerepének a fontosságát.

A Magyar Külügyminisztérium emberi jogi nagyköveteként külön örömömre szolgál, hogy én vezethetem a tervezett Budapesti Népirtás és Súlyos Emberi Jogsértés Megelőzési Nemzetközi Központ felállításával kapcsolatos előkészületeket, amelynek jövőbeli működése reményeink szerint jobban ráirányíthatja majd a figyelmet a létükben fenyegetett kisebbségi csoportok helyzetére világszerte, megoldási javaslatokat is ajánlva azonban problémáik kezelésére. Álláspontom szerint egy hatékonyan működő Központ jótékony hatással lehet a régió más országaira is, terjesztve egymás kultúrája, civilizációja megismerésének fontosságát, a konfliktus megelőzés és a párbeszéd jelentőségét.

Mindezek alapján nagyon sok sikert kívánok a Csúcstalálkozó résztvevőinek abban a meggyőződésben, hogy az ilyen találkozók fontos lépést jelenthetnek egy békésebb, toleránsabb világ kialakulása felé vezető úton.

# ORLD PEACE





Dr. Ervin Gömbös

World Federation of United Nations Associations (WFUNA), Vice-president; United Nations Association – Hungary (UNA-H), Secretary General

Today the United Nations continues to play a central role in global cooperation. The agency, consisting of 192 member states, provides an irreplaceable political framework for the treatment of a wide range of issues. For this reason, it is the most appropriate organization for combating the most severe dangers threatening mankind.

I am convinced that social participation in the solution of global challenges, as greatly supported by the United Nations, is fundamentally important at every level – from the recognition of problems through participation in debates leading to solutions all the way to the making of decisions and their implementation.

The most important goal of the World Federation of United Nations Associations (WFUNA) has been the work towards creating peace and security, the promotion of sustainable development in the execution of the Millennium Development Goals, the ensuring of human rights and the strengthening of international cooperation.

We are living in times of a multi-faceted crisis – a crisis involving food, fuel, influenza and finances. We haven't experienced the likes of these in years or even generations. Now, however, everything has culminated simultaneously. These crises are coupled with other sizeable challenges, such as climate change and the spread of destructive weapons, as well as the situation in which two billion of our fellow beings live in poverty. Not one of these problems can be solved by one single nation. This is why the alliance of all federal and non-governmental organizations is necessary.

By organizing the World Peace Summit 2009 in Hungary, the Shri Swami Madhavananda World Peace Council acts in this spirit. The agenda of the summit includes many important issues, and I wish every success in establishing meaningful dialogue towards the solution of these. I would like to conclude with the words of the Secretary General of the United Nations: "We must disarm! We need peace!" Without this, we will be unable to solve any other problems.



#### UNITED NATIONS ASSOCIATION OF HUNGARY

Member of the World Federation of UN Associations (WFUNA)

#### Dr. Gömbös Ervin

ENSZ Társaságok Világszövetségének alelnöke, Magyar ENSZ Társaság főtitkára

Ma is el kell fogadnunk azt, hogy az ENSZ központi szerepet játszik a globális együttműködésben. A 192 tagállam képviselete pótolhatatlan politikai keretet nyújt a kérdések széles körének a kezelésére. Ezért is a legmegfelelőbb szervezet az emberiséget fenyegető legsúlyosabb veszélyek legyőzésére.

Meggyőződésem, hogy a civil társadalom részvétele a globális kihívások megoldásában – amelyet az ENSZ is messzemenően támogat – alapvetően fontos minden szinten – a problémák felismerésétől kezdve a megoldásukra irányuló vitákban való részvételen át a döntések meghozataláig és megvalósításáig

AZ ENSZ Társaságok Világszövetségének (WFUNA) az elkövetkező években a legfontosabb célja, hogy munkálkodjék a béke és biztonság megteremtésén, a fenntartható fejlődés előmozdításán a Millenniumi Fejlesztési Célok megvalósítása révén is, az emberi jogok biztosításán és a nemzetközi együttműködés megerősítésén.

Sokoldalú válság korában élünk: élelmiszer, üzemanyag, influenza és pénzügyi válság. Egyiket sem tapasztaltuk évekig, sőt generációkon át. Most azonban valamennyi egyszerre sújt. Ezekhez a válságokhoz adódnak más, nagyobb kihívások is: éghajlatváltozás és a pusztító fegyverek elterjedése, nyomorban élő kétmilliárd embertársunk helyzete. Ezek közül a problémák közül egyet sem tud megoldani egyetlen egyedül cselekvő nemzet sem. Ezért van szükség valamennyi állami és civil tényező összefogására.

Az elmondottak szellemében tevékenykedik a Sri Swami Madhavananda World Peace Council, amikor Magyarországon rendezi a Világbéke Csúcstalálkozó 2009-et. A találkozó napirendjén nagyon fontos kérdések szerepelnek, amelyek eredményes megvitatásához sok sikert kívánok. Az ENSZ-főtitkár békenapi üzenetének mottójával fejezem be mondanivalómat: "Le kell szerelnünk a fegyvereket! Békére van szükségünk". E nélkül egyéb problémáinkat sem tudjuk megoldani.



H.E. Ms. Takalani Esther Netshitenzhe
Ambassador of South Africa to Hungary

Summits are generally viewed as places of just hard talk, hard choices and hard decisions, where there are fewer friends, but parties guided by the need to protect their national interests, whilst on the other hand striving to find or to maintain common values and interests for, inter alia, collective preservation of international security. Some of these occasions are marked by violent protests. To have summits whose theme is inner peace, calm and tranquility, sponsored by a yoga organisation, sounds like a contradiction in terms if we follow the general view that the mood in and around summits is 'hard'.

How can we have inner peace, calm and tranquility in a forum of hard talk and hard choices, and when people are angry outside? How is this possible when world leaders spend sleepless nights trying to figure out how to prevent the current global economic crisis, the threat of nuclear weapons, ethnic conflict, hate speech, organized crime, terrorism, the oppression of children and women, the rapid climate change and other adverse factors from derailing us to achieve the Millennium Development Goals we set for ourselves to create a better world by 2015. Unrealistic as it may sound, the theme of this Summit, the gesture of the World Peace Council of Swami Madhavananda over the years, and that of the 'Yoga in daily life Hungary' should constantly remind us that peace, calm and tranquility should be an integral part of our lives, and that these elements should be part of a better world we aspire to. Although I find the philosophy of yoga intimidating, I note with interest that "yoga helps the body to maintain a stable relationship with itself while going through a calm, neutral state of peace". It sounds like something out of this world we live in, but something worth striving for. It is possible, if together we reach consensus on how to minimize threats to national and international security.

This Peace Summit comes at a time when South Africa and the world, just celebrated the 91st birthday of the former President of South Africa, Mr Nelson Mandela, on July 18th. This day was endorsed by many around the world as Mandela day, and has amassed sufficient consensus, that the day needs to be considered as part of the UN Calendar. The theme of Mandela day is not far from the theme of this Summit, it is about recognizing that each one of us can make a difference and an imprint in creating a better world for all that live in it. The theme of Mandela day resonates well with messages of peace and love that were the cornerstone of the life of Mahatma Ghandi, whose life and values we are also celebrating in this Summit. Mr Mandela devoted his life to the values of human rights and human dignity, and cherished a just society in which all people live together in harmony. These are the values that underpin South Africa's domestic and foreign policy objectives: these are the ideals we strive for as a nation.

Mr Mandela, did boxing as a youth not yoga. In trying to understand more about his passion for the sport, I discovered that he "did not enjoy the violence of the sport so much as the science of it". I find this philosophy a bit intimidating too, but what he says about the effect of the sport is intriguing: "after a strenuous workout, I felt both mentally and physically lighter, it was a way of losing myself in something that was not the struggle." It is true that anger, anxiety, conflict and other negative feelings and a negative physical environment bring only stress to our lives and those around us.

All human beings deserve an opportunity to experience a feeling of peace, calm and tranquility in their lives. This should be part of the better world we aspire to, and may this prevail in more coming world summits, this year and years to come! Thank you.

Takalani Esther Netshitenzhe







Ambassador of the Philippines to Hungary



Pasuguan ng Pilipinas Embassy of the Philippines Budapest

I wish to extend my warm greetings to all the participants in the 8<sup>th</sup> World Peace Summit to be held in Budapest on 2-4 October 2009.

The theme and the topics of this conference highlight the universal desire for world peace, understanding, respect among religions and cultures, espoused by leaders and great thinkers.

Along this line, the teachings of spiritual leaders like Mahatma Gandhi, and Paramhans Sri Swami, and the messages of peace makers who are found in different parts of the world serve as inspiration for all of us.

As an optimist and a spiritual believer, I am confident that we can do our share and continue working together to fulfill our commitments to the principles under the UN Charter, namely to practice tolerance and live in peace with one another as good neighbors; to unite our strength to maintain international peace and security; and to ensure that armed force shall not be used, save in the common interest.

I would like to commend the organizers, notably the Sri Swami Madhavananda World Peace Council and the Hungarian Union of Yoga and Yoga in Daily Life, under the patronage of Prime Minister Gordon Bajnai for a laudable project that transcends national boundaries, religious and cultural diversities.

> ALEJANDRO D. DEL ROSARIO Ambassador of the Republic of the Philippines

**SUMMIT 2009 HUNGARY** 





Mr. László Haraszthv State Secretary for Nature and Environment Protection at the Ministry for Environment and Water, Hungary

The greatest problem of our age is the abuse of natural resources, including mineral and energy sources. The distribution of these resources is routinely in flavour od the wealthy. This is the colonialism of our age. In spite of this, there are still millions of people, who live in harmony with nature. Compared to the Northern hemisphere, most live in poverty, but they do have peace of mind.

This modern colonialism must come to an end, for it throttles local communities, abuses our land, and constrains the production of local produce with unethical regulations. Modern colonialism forces local communities to consume cheap mass products of uncertain origin.

Only after solving these problems can there be peace in the World.

László Haraszthy State Secretary Ministry of Environent and Water

#### Haraszthy László

természetvédelmi szakállamtitkár Környezetvédelmi és Vízügyi Minisztérium

Korunk legnagyobb problémája az ásványkincsek, az energiahordozók és más természeti javak túlzott mértékű hasznosítása és napról napra egyenlőtlenebb elosztása a gazdagok javára. Ez a modern gyarmatosítás. Ennek ellenére még ma is emberek százmilliói élnek harmóniában a természettel, azonban – az északi féltekén élőkkel összehasonlítva – szegénységben, viszont lelki békében.

Véget kell vetni a modern gyarmatosításnak, amelyik fojtogatja a helyi közösségeket, tönkreteszi termőföldjeiket, a helyi termékek előállítását etikátlan szabályzókkal korlátozza és rájuk kényszeríti a bizonytalan származású, olcsó tömegárukat.

Csak akkor lehet béke a Földön, ha ezeket a problémákat is megoldja az emberiség

#### Haraszthy László

természetvédelmi szakállamtitkár Környezetvédelmi és Vízügyi Minisztérium

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#### Mr. Riccardo Di Done

Founding President, Organization for the Protection of Children's Rights, Canada

What a beautiful world it will be once we bring inner peace to the children of the world – where values such as respect, kindness, tolerance, love and compassion for humankind and the environment are emphasized.

My question today is a simple one – what needs to be done to make sure that children thrive and blossom while enjoying their childhood and then later become engaged and prosperous citizens of the world. I want to see a world where peace is not viewed as an unattainable exception but rather as the rule – that shall be beautiful!

Education, ethics and tolerance are values to the route for world peace. Children must learn that whatever religion you believe in, what is important to remember is that we are a part of one humanity who loves, cares for and respects one another and celebrates differences. We know that most children will flourish and prosper, if they have the appropriate ingredients such as inner peace, good nutrition, affection, support from their family – thus encouraging good self-esteem.

#### CLOSE TO 10 MILLION CHILDREN DIE EVERY YEAR

The challenges for developing countries are numerous: close to 10 million children die every year around the world – that is 1000 children every hour - as a result of wars and lack of appropriate food, water and medication. No one really speaks about that calamity, but how many times have we heard that 3000 people died during the September 11th 2001 attacks? The attention given to the 9/11 victims is out of proportion if we contrast it to the fact that 24,000 children died today.

#### PROBLEMS IN INDUSTRIALIZED COUNTRIES

Unfortunately, industrialized countries have their burdens as well – there is psychological poverty resulting from broken and dysfunctional homes, a tremendous lack of family values often creating children with low self-esteem which in turn can result in youth violence, high school drop-out rates, high suicide rates, rising use of drugs, etc.

#### CONSUMERISM

Consumerism is a false promise of happiness. Industrialized countries are plagued by children suffering from obesity – another form of malnutrition – the absence of parents that work and may experience a bitter divorce, as well as depression and other psychological issues for which pharmaceutical companies offer fast and easy solutions. Yet, toys, junk food, video games and pills are only deterring us from real answers.

There is a strong need to solidify families, families need support, they need to be given the upmost of knowledge so that they can better maximize their efficiency when they are dealing with difficult challenges in their homes.

In some democracies is that often governments are controlled by people who are money or power hungry. The people in power may have good intentions but they are often manipulated. And all this at what cost to society – socially, financially and morally.

Let's address the issue of multinational companies such as the pharmaceutical corporations – do they want to prevent health problems or simply manufacture pills that will keep you alive but won't cure you? We must encourage multinationals from becoming less money thirsty and more honest of the needs of humankind.

#### THE TRADE EMBARGO OF CUBA

Let's look at the trade embargo of Cuba for example. The Americans imposed a trade embargo against Cuba after the 1959 revolution in that country. Is it morally acceptable that the United States deals with China when it has one of the worse records when it comes to human rights, why isn't there a trade embargo there? Is there too much money at stake for the multinationals?

#### NTERNATIONAL TREATIES

When there is an international treaty that is signed, the countries that are signatories should have a plan of action to ensure that the goals are attainable. An international entity will have to make sure that the countries abide by their promises. The UN could be that body or a World Government could be created where no country would have veto powers in order to avoid that any one country could paralyze the work of the World Government.

#### WHAT TO DO

Peace begins with each one of us. When we meet hostility, we must react with compassion and transform that positive.

In conclusion, I commend the organizers of the Peace Summit for all the good work that is being accomplished to achieve these objectives – in order to get where we want to go, we must all work together.

Let us equip our new generation with what it takes to flourish and succeed in life which is good education, moral values and inner peace. Together we will make the difference. And remember, "The sky is not the limit, it is just the beginning!"



**Prof. Timi Ecimovic**Chairman, SEM Institute for Climate Change,
Slovenia

#### THE INDIVIDUAL SOCIAL RESPONSIBILITY

#### Foreword

The philosophy of sustainable future of mankind is the search for knowledge and understanding of the nature and meaning of the universe and life. Nowadays it is not in practice or it is a forgotten quality of human life – INDIVIDUAL SOCIAL RESPONSIBILITY, which could be part of the answer for the sustainable future of Mankind.

His Holiness Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwarananda as creator of "The Yoga in Daily Life System" with a knowledge originating from ancient scripture like the Vedas and others, along with his followers has created an island of people who practice individual social responsibility within the present global human community.

We may learn and research the past, we can see and understand the present, but predicting the future leads to nowhere". The future is unpredictable. (Ecimovic, 1997)

Present global social order, life style, education, ethics and daily practice of globalisation age humans needs to undergo a fundamental renewal to meet the needs of the present third millennium.

The sustainable future of mankind or harmony of our civilization with the nature of the Planet Earth is an option for mankind to survive the approaching impact of the climate change system and present societal crisis at the biosphere of the planet Earth, and global human society.

#### Abstract

The paper presents a contemporary sciences approach to the present the Nature, energy, drinking water, food, credit and social crisis of humankind. The present civilization or our humankind is facing the largest complex societal crisis, which is also closely inter-related with the impact of the climate change system or evolving Planet Earth Biosphere »crisis«. The impact of the climate change system may in the long run change: biology, geography and living conditions within the biosphere, from suitable ones of the last 12.000 years, to environment not suitable for Homo sapiens to live. It adds to the present social crisis of: energy, drinking water, food and credit; in 2009 we are entering difficult times for humankind. The corporate and individual social responsibility is a part of our society with much more importance as we are thinking at present. The possibility for survival is closely connected with social technology/technique of the »Sustainable Future of Humankind« or harmony of our civilization with the Nature of the Planet Earth . The individual social responsibility will have to play a more important part in future, for new great achievement of our civilization to overcome the crisis of living conditions within the biosphere of the Planet Earth and present credit, energy, drinking water, and food crisis of our global society.

#### Key words:

Sustainable Development; Sustainable Future; Individual Social Responsibility – ISR; The climate change system impact, energy, drinking water, food, credit and social crisis; Present Humankind Civilization; system thinking, requisite holism, social and societal technologies; The Nature of the Planet Earth; Globalization; Leadership; World Government; Provisional World Parliament; and Constitution of the Earth Federation.

#### Timi Ecimovic

SEM Institute for Climate Change, and ANSTED University, School of Environmental Sciences, Korte, Medosi, Slovenia

The presentation "The Individual Social responsibility" has been prepared for presentation at "The World Peace Summit", Budapest 2 – 4 October 2009.







Mr. Kanhaiya Lal Bairwa Additional Director General of Police, Crime Branch, Jaipur, India

#### SPIRITUALITY AND INNER PEACE

Spirituality is the essence of reality. God is real, a genuine faith, an object of reverence and worship. Cosmic knowledge is spiritual wisdom, which is all pervading, which that is the goal of cosmic world. Spirituality does not necessarily mean something akin to religion as religions are based on different tenets, conservative customs, multiple beliefs and other orthodox practices. Although the prime objective of all

religions is to promote the welfare of mankind, and alleviate worldly miseries and dreadful sorrows with the supreme objective of treading the path towards God that is ultimate source and culmination of all cosmic powers.

Lord Krishna said in Bhagavad Gita: "I remain seated in the heart of all creatures as inner controller of all and it is I who aim the source of memory, knowledge and rationing faculty."

Inner peace can be achieved through attainment of supreme realisation. When one acquires the ultimate knowledge about oneself, serenity and peace prevails. The humankind is facing a turbulent world beset with natural catastrophes, global warming, environmental degradation, terrorism, ethnic wars, etc. Individuals and societies have been undergoing unbearable sufferings as a result of ecological imbalances, violence, terror, loss of values and ideals. Thus, the world peace is jeopardised posing a grave threat to the very existence of humankind. We feel an urgent need to preserve world peace and thereby sustain the world itself.

Happiness and inner peace is a state of mind. When we reach the stage of 'Sacchidanand swaroop', that is, the stage of truthfulness or realisation of true self, we become one with the true sense of life. While truth is overshadowed by anger, lust, greed, hatred, ego, violence, then falsehood prevails, generating intolerable sorrow and grief. In a desert land, mirage creates false image of water ripples in the eyes of a thirsty wanderer raising false hopes of quenching his thirst.

Inner peace comes from nature that is bountiful of creatures of thousands of species, sprawling lush green valleys of flowers, streams & lakes full of crystalline water and sunshine magnifying beauty of all. When we hear the chirping of birds, dancing sound of running water, melodious whisper in cool breeze, smell sweet fragrance of flowers, see cuddling of babies then peace and tenderness touch our heart in such moments of immeasurable joy.

The Indian sages enjoyed every blissful moment in meditation to get close to Mother Nature and being one with the God.

Inner peace is felt by a person who wipes the tears from the eyes of another who is hapless and accursed. If we feed a hungry man, help other who is in dire need, console someone who is in grief then God automatically grants peace and solace to us.

Mother Nature nourishes by pure air, water, sunshine and nutritious food to all creatures, animal, plants and human beings. If nature's cycle of gift is disturbed then it tremendously affects every living being. Human being should understand the ill effects of natural imbalance. We should find solution to all maladies from nature and look back to the past when human beings were having more happiness and healthy life. Satguru with his blessings can help mankind choose the right path of life and attain inner peace. Mahaprabhuji said: "Outer purity is not enough. Pure consciousness needs both inner and outer purity."

#### Kanhaiya Lal Bairwa

Additional Director General of Police (Crime branch) Jaipur, Rajasthan, India



Mr. Tapan Barua Buddhist Brotherhood Assembly, Secretary General, Bangladesh

Most respected Chairperson, Distinguished Guests, Delegates, Peace representative, Ladies and Gentlemen, I, on behalf of one hundred fourteen million people including different religious leaders and socio-cultural workers of Bangladesh extend my heartfelt greetings and warm felicitations to the peace representatives, delegates, youth peace activist and friends assembled here from different countries at this

historic gathering of the 8th World Peace Summit for the promotion of peace, prosperity, progress, harmony, friendship, amity in this troubled world facing today the threat of nuclear and chemical war and preparation for total destruction of human civilization.

I am delighted to have an invitation extended to our delegation by Sri Swami Madhavananda World Peace Council to attend the Summit. To define in a nutshell, what peace means to me? It concerns everyone all over the world, it is global. It concerns individual, families and nations. For us, peace signifies the absence of violence in all its forms; it represents social justice and human rights. It is a state of mutual confidence in which free women and men can live peaceful lives. Ways towards peace are numerous. But the most important goal of all is the promotion of culture of peace. Peace is not simply a word, but a mode of behavior. It is not sufficient merely to talk or preach about the importance of peace. It is essential also to adopt favourable attitudes to peace in one's daily existence. Peace is also a way of overcoming the contradictions of meeting fundamental needs, and especially of living together in mutual acceptance. More than this, peace is work of justice, of love and of the tranquility and serenity of the spirit. Since our organization's appeal is to establish peace for all peoples of all countries irrespective of any prejudicial consideration and since this holly congregation is graced by many noble delegates of believer of different faiths, preaching all through for the cause of humanity. I, on behalf of the participants from Bangladesh, beg humbly to place before you the following suggestion for adoption in our future agenda/activity aiming at:

- a. Making programme to arrange a meeting in every country of the world in phases;
- b. Urging to make the meeting by all religious leaders;
- c. Sitting, eating and thinking together in common platform for the welfare of all peoples and living beings;
- d. Sitting in a solemn but common prayer "Let all beings be happy" for the safety, prosperity and well-thought-out plan for all peoples, living beings and nature; and
- e. Finally letting the environment set at a hazardous-free condition for reduction of ozone depleting danger already threatening not only mankind but also the entire universe.

In fine our purpose should be to promote interfaith cooperation to end religiously motivated violence. Any country having people only of a particular religion may also invite people of different beliefs and religions to live together in peace and harmony. I pay thanks and gratefulness to the Chairperson, Honorable Delegates and sponsor of this great meet and hope this humble place of thought would receive attention of all conscious delegates attending the Conference.

#### Tapan Barua

General Secretary, Buddhist Brotherhood Assembly

# ORLD AFACE

SUMMIT 2009 HUNGARY





Mr. Áron Csoma

Presidential Spokesman, Reformed Church in Hungary, Communication Service

We have received your letter regarding the World Peace Summit.

The Reformed Church in Hungary also finds the objectives of the World Peace Summit and its endeavours towards peace extremely important. Through social services rendered, our Church promotes the spread of peace, but at the same, we also see how impossible it is to uphold sustainable development.

According to our beliefs, the words of the Gospel bestow new hope and meaning in our hearts! The first words of the risen Christ still welcome the surrounding community: "Peace

be with you!" The Easter Story as found in the Gospel of John gives an account of the historic event when Christ's resurrection after the events of Good Friday symbolizes the liberating love of God in completeness. The risen Christ still grants grace and future to every human being, even to those who resist due to their fears.

Unfortunately, the Synod Presidium of the Reformed Church of Hungary will be unable to participate in the World Peace Summit of October 2009.

Wishing God's blessing on your lives and work!



Mr. Pál Fuferenda Cardinal, Children of the Light, Hungarian Essenian Church

Wars are not necessary to be able to assert that there is no peace on Earth. Peace means not only the absence of war, but also peace between man and nature, peace with ourselves, but also peace between ideas, beliefs and religions. When in everyday life we turn away from each other, isolating ourselves because someone thinks differently about the world, this also constitutes lack of peace. When we force our ideas on others, be it in the family, on the street or in church, that, too, is lack of peace.

Every person has his/her own way to imagine God, and He appears in this way in the various religions. His diversity and perfection are reflected in every creation on Earth and so in human beings as well. In His eye, we are all His children, whom he loves equally, without exception.

How could one person be better than the other in the eye of the Father?

How could it be judged which religion has a better, a more 'divine' prayer or ceremony?

Which Father would appreciate his children's quarrelling about who loves Him most appropriately?

He would much rather prefer us to acknowledge that we all belong to the great family of mankind; we are all sisters and brothers.

If the surface of the water is smooth and calm, then the sun shining above is reflected in it perfectly; the calmer the surface, the more sublime is the reflection. But when waves begin to form and a storm is brewing, the sun is no longer visible in it. This is true for our souls, too: the more peaceful and calmer our souls are, the more they can reflect God.

The most we can do is to preserve peace, thus enabling us to reflect the supreme Good.

#### Pál Fuferenda

Cardinal, Hungarian Essenian Church



**Mr. Ernő Bodor**Head of Church, Church of Esoteric Tenets, Hungary

#### SPIRITUALITY AND INNER PEACE

As we all know, the existence of inner peace and harmony has always been of vital importance to man, both today and in ancient times. Whenever this was the case, people lived their everyday lives peacefully and conscious of their happiness. They had enough time to afford maximum attention to those living around them, as well as to the other forms of being living on the planet, helping them to solve their problems. Unfortunately, these efforts and deeds have slowly begun to fade into the past. Our world is not the peaceful place it used to be.

We, the Church of Esoteric Doctrines, are totally devoted to restoring these old values, fully aware that these endeavours have a beneficial effect on all humanity. Therefore, it is our goal to implement them not only with words, but also with deeds. For this, we have the appropriate Educational Centre. And that is none other than the OD Esoterical - Theological and Parapsychological Academy, where our priests receive the last semesters of their training. In our teachings, peaceful coexistence and tolerance of members of other religions with positive values and morals is vital. We distance ourselves and do not even communicate with religious processes teaching negative and false values.

We, as an important centre of spiritual and inner peace, continuously aid those who have realised that lacking this, life can be neither peaceful nor harmonious. For world peace to become reality, it is crucial to realise that personal peace begins in one's own soul and when this inner peace is lacking, happiness can never be obtained. Moreover, the evanescence of the material world should be pointed out, and the fact that it should not occupy the first place in our lives. To this end, attention should be paid to avoid the trap of the material world, enlightening people that it is Spirituality which is the most defining in their afterlife. Therefore, everything should be penetrated by positive Spirituality as the primary and decisive principle. It is our wish – or even our will – that people's thoughts and deeds be based on a positive spiritual goal. This would require the realisation that every action has an inevitable effect on the doer. In Spirituality and Esotery, we call this karma.

To reach inner peace, it is absolutely necessary to keep our environment and home, our planet Earth, clean, something which cannot only be accomplished by environmental protection. There are types of pollution which exist continually, yet are invisible to most people, such as the clouds of negative thoughts. This invisible pollution causes the greatest damage to our civilisation. The Church of Esoteric Doctrines finds negative thoughts and selfishness to be the most dangerous enemy of world peace. These destroy simultaneously the individual and the Self because negative thinking creates evil and unfortunately this appears in life, manifesting itself in our world. The remedy for this is for people with positive thinking and the knowledge and love of God to help with their positive actions those in need, enabling them to create a much happier future for themselves and others.

*Ernő Bodor* Head of the Church







Yogini Dr. Pushpalata Garg

Yoga Sadhana Ashram, Jaipur, India

WORLD PEACE THROUGH YOGA AND SPIRITUALITY

From time immemorial the science of Yoga has come down to us as greatest gift from our Sages and saints of ancient India. Yoga if ractised constantly leads to physical health, mental peace, moral and spiritual upliftment resulting in all round progress of the self: physical, mental and spiritual.

Yoga means controlling the mind and its longing for sense objects in order to units ourselves with the supreme. The other definition of Yoga is to develop composure of mind under all circumstances favourable or unfavourable like success or failure, profit or loss respectively. The Lord in Gita has defined Yoga as 'समत्वं योग उच्यते' which means maintaining composure and peace of mind under all

Developing divine qualities is also Yoga people learn much not through word but by personal example "देवो दानात्वा दीपनात्वा"

In this tension laden world sitting on the Volcano of War, yoga is like breath of fresh air bringing life, happiness and peace to those who need them most. Yoga is a very wide subject consisting of eight divisions which are known as Ashtonga Yoga. If practised these eight divisions lead to all round progress of human beings making them better citizens of the world who in turn make this planet earth worth living with peace and prosperity all around. Therefore the Ashtonga Yoga is not only for Yogis but for all who desire to live in peace with the humanity at large. Yam and Niyam are the foundations of Yoga system on which six remaining divisions are standing. Namely – Asan, Pranayam, Patyehar, Dharna, Dhayan and Samadhi. Explaining each as follows:

- 1. Bringing wondering senses under control comes under Yam. Non-violence; truth;non-stealing; celibacy and non-accumulation of wealth are its five branches.
- 2. Purity, Contentment, penance, study of Holy Scripture and total surrender to God constitute Niyam.

To summarize, Yam deals with social discipline and Niyam with individual discipline when an aspirant practise both, then attains peace

- 3. Asans keeps the body and the mind healthy, particularly the latter which uplifts itself from Tam to Raj and finally to sat. This should be the goal. "आसनेन रजो हन्ति!"
- 4. Pranayam is controlling the breath in order to make the mind still
- 5. Pratyahar means controlling the senses.
- 6. Dharana is the one pointedness of mind
- 7. Dhayan is the power of concentration.
- 8. Samadhi is the final emancipation.

All these means give rise to pure thoughts which ultimately result in the purification of the mind. Peace descends on such a person and who so ever comes in contact with him becomes peaceful himself. This chain should keep extending in order to spread peace from one corner to the other of the universe making it a big family of peaceful people. "वस्दैव कूट्म्बकम्"

In the entire message of Gita beloved Krishna kept encouraging from time to time, for He knew our limits and frailities. In the chapter 6 verse 6. He warns us against our dependence on others:

Particularly in spiritual upliftment and says:

उद्धरेदात्मनात्मान नात्मानमवसादयेत। आत्मनोबन्धुः आत्मैव रिपुरात्मनः।।

"Let a man raise himself by his own self; let him not debase himself. For he is himself his friend, himself his foe."

Yog Asanas purifies us physically and mentally. The purity of thoughts, words and deeds leads to salvation.

#### "मनसा, वाचा, कर्मणा प्रवित्राणी मोक्ष मार्गः"

Once this state is attained then nothing is left to be attained. The soul merge with Supreme breaking the cycle of metempsychosis. The other divisions of yoga like Karma yoga; Raj yoga; Bhakti yoga and Jnana yoga are rich in their respective discipline by which men requires his identity with Brahman. Turning out enormous work and maintaining equanimity at the same time is Karma yoga. Self control to the core is Raj yoga. It makes the man whole. Bhakti yoga binds the entire creation as one in pure love. Juana yoga sharpens the intellect and makes the vogi realize that reality in one without a second. Gita which came out from the Divine Lips of the Lord is a manual of these paths of yoga leading to peace within and peace without i.e. entire world. To sum up yoga and spirituality provide us with invincible weapon against violence and paves the way to world peace besides giving peace to the self.

Om Shanti-Om Shanti-Om Shanti

Yogini Dr. Pushpalata Garg



Dr. Iános Szabó Rector, National Defense University, *Hungary (state university)* 

In modern societies, the official political approach to social nonviolence is based on the scientifically proven fact that nonaggressive motivational norms, such as social caretaking and altruism can be strengthened, while impulses causing aggressive behaviour and media inspired violence can be weakened. Beyond that, the offices of multi-culturism strengthen individual's mutual acceptance. This can help people to abstain from violence so that individuals, communities, societies, and cultures can devote themselves to the promise that they will not take any further steps that would undermine their own fundamental humanity. Thus they will not increase the

deterioration of their own situation by the consciousness that they are actively destroying their own environment and acting against human progress.

It is correct to be lieve that the efficiency of modern society's industrial management can be extended to future nonviolent the contraction of the contraction ofsocial politics as well. That is the principal way the institutionalisation of economic and political globalisation can contribute to the renaissance of culture and the morality of non-violence as a real possibility in everyday human life.

#### Dr. Szabó János

a Zrínyi Miklós Nemzetvédelmi Egyetem rektora

A modern-posztmodern társadalmakban intézményesülő erőszakellenes társadalompolitika tudományos alapiát az képezi. hogy bizonyítható a kritikus gondolkodás, az agresszióellenes normák, a társadalmi gondoskodás és az altruizmus aktiválására ható tényezők erősíthetősége, valamint az agressziót kiváltó jelzések, a médiából áradó erőszakhatások gyengíthetősége. Emellett a mások elfogadásának, a multikulturizmus intézményeinek megerősítése az, ami elvezethet odáig, hogy eltávolodjanak az erőszaktól az egyének, közösségek, társadalmak és kultúrák, amelyek elkötelezhetik magukat amellett, hogy nem tesznek olyan lépéseket, amelyek megfosztják őket emberi mivoltuktól és nem tetézik egyébként is nehézségekkel terhelt helyzetüket azzal a tudattal, hogy környezetüknek – végső soron az emberi haladásnak – destruktív kártevőivé lehetnek. Hinnünk nem alaptalan abban, hogy a modern társadalmak iparszerű menedzsmentjének hatékonysága a jövő erőszakmentes társadalompolitikájára is kiterjeszthető. Ehhez azonban csak a globalizáció gazdasági és politikai irányíthatóságának intézményesítése, az erőszakmentesség kultúrájának és erkölcsének reneszánsza teremtheti meg a napi emberi hozzájárulások esélyét.



Dr. Zoltán Jánosi Rector, College of Nyíregyháza, Hungary

Peace and Love begin with the good intention of recognition.

Dr. Jánosi Zoltán a Nyíregyházi Főiskola rektora

A 8. Világbéke Csúcstalálkozó számára az üzenetem a következő: A Béke és a Szeretet a megismerés jószándékával kezdődik.

Üdvözlettel:

Prof. Dr. Jánosi Zoltán a Nyíregyházi Főiskola rektora





**Dr. László Vass**Rector,
Budapest College of
Communication and Business

We should pay much more attention to the creation of our inner peace. Selfish, deceitful and unbalanced people who have lost their values are incapable of teaching, building a community or being a support to the needy. From this standpoint, we teachers, communicators and leaders have great difficulties in assuming responsibility. To show a good example and not dictate; to brief and not judge; to serve and not wait on; to cooperate and not oppress; to exude authority and not tyrannize; to understand and not envy...

For the "average person", the selection is perhaps wider, but a teacher or communicator cannot escape responsibility. The student, the community perceive it immediately if a wildfire is visible instead of a lighthouse. He who finds and protects his inner peace is also capable of transmitting it to his surroundings. He who is at odds with the world begets fear and the lack of peace and also exudes unhappiness. And have you ever seen a happy cynic?



**Dr. János Majdán**Rector,
Eötvös József College,
Baja, Hungary

#### RESPECTED ORGANIZING COMMITTEE,

Living in a multi-ethnic city consisting of Roma, Croatian, German, Serbian and Hungarian inhabitants, we sense and experience the diverse nature of culture every single day.

The town of Baja is situated on the southern border of Hungary, where we were eye- and ear-witnesses of the recent civil war in Yugoslavia. This bloodshed convinced us even more of the necessity of peace. Inhabitants of the city have been living together peacefully for centuries, a fact that is demonstrated by the multilingual curriculum of the Eötvös József College. In addition to instruction in Hungarian, students here are able to take classes in Croatian, German, Serbian and Roma languages in our primary and nursery school pedagogical curricula. This may be accredited to the peace in Hungary, as well as to the meanwhile calmer situation in Serbia.

Our experiences and educational model prove the importance of peace day by day, which can be further enhanced by a meeting such as yours.



#### Dr. Zoltán Hauser

Rector, Eszterházy Károly College, Eger, Hungary

#### **DEAR ORGANIZATIONAL COMMITTEE,**

I thank the Organizational Committee of the 2009 World Peace Summit for the invitation to this event. I regret that I will be unable to attend due to other commitments. I wish the Organizational Committee effective work in the hope that the summit will call the world's attention to the necessity of protecting the lives of all people and to the importance of tolerance. In the absence of these, mankind is on the path of self-destruction.

Once again, I thank you for the invitation, and it is my desire that the Summit will act as a message of peace and an inspiration to more and more people to practical action.

Eszterházy Károly Főiskola REKTORI HIVATALA : 3300 Eger, Eszterházy tér 1. : 36/520-420 - Fax: 36/520-440



kt. szám: 255-1/2009. RH.

SRI SWAMI MADHAVANANDA VILÁGBÉKE TANÁCS JMÉ Központ

#### Budapest

Baross u. 121. 1086

#### Tisztelt Szervező Bizottság!

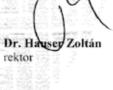
Megköszönöm a 2009. évi Világbéke Csúcstalálkozó Szervező Bizottságának a meghívást rendezvényükre. Sajnálom, de elfoglaltságom miatt a találkozón személyesen nem tudok részt venni. Ezúton kívánok a Szervező Bizottságnak eredményes munkát abban a reményben, hogy a csúcstalálkozó még inkább ráirányítja a világ figyelmét az összes emberi életforma védelmének szükségességére, a tolerancia fontosságára. Mindezek hiányában az emberiség önnön pusztulását idézi elő.

Ismételten megköszönve meghívásukat, kívánom, hogy a Csúcstalálkozó eredményeképpen a béke üzenete egyre több embertársunkat inspirálja gyakorlati cselekvésre.

Eger, 2009. július 29.



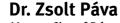
Tisztelettel:



Eszterházy Károly Főiskola







Mayor, City of Pécs, Hungary

Tolerance, respect, understanding, faith, peace and willingness to compromise: these basic values are such a part of our everyday life that we cannot leave home without them. Unfortunately, it seems such values are disappearing from the modern world; taking care of each other is no longer so fashionable. Both as the Mayor of Pécs and in my private life I consider these principles important. I try to implement them as I lead one of the biggest and most beautiful cities in Hungary and I try to use them in my private life. This isn't easy. In a world, where people's lives are harder every day, where they can hardly support themselves and their families, and debts are eating them up, it is nearly impossible to overcome daily problems, much less take care of one another other and maintain our basic human values.

Although it is difficult, I believe that we have to take effort for these values. As a leader of the city, my duty is to stand for the best interests of people, the people in Pécs, and try to make their everyday life as easy as possible, to build a secure, stable and comfortable city, where life can be joyful. I make every effort to develop a successful world for the people of Pécs and its environs by using my best insight in making the compromises that tolerance understanding and respect require. I believe in a happier, proud and successful Pécs. I believe we can make miracles by collaborating, caring for each other and making sustained efforts towards mutual understanding.



#### DR. PÁVA ZSOLT - PÉCS POLGÁRMESTERÉNEK ÜZENETE

Tolerancia, tisztelet, megértés, hit, béke – és komromisszum. Olyan alapvető értékek ezek, melyeknek mindennapi életűnkben ott a helyűk, nélkülűk "nem indulhatunk el erthorefél".

Sajnos úgy tűnik, a mai világból egyre inkább kezdenek eltűnni ezek az értékek, az egymásra figyelés nem divat manapság.

Én, mint Pécs polgármestere, és mint magánember, egyaránt fontosak és követendőek tartom a fenti elveket. Próbálom eszerint végezni a munkámat, irányítani Magyarország egyik legnagyobb és legszebb városát, és próbálom magánéletemben is érvényesíteni mindezeket. Egyik sem könnyű! Egy olyan világban, ahol az emberek napról-napra nebezebben élnek, megélhetési gondjaik vannak, alig tudják eltartani magukat és családjukat, elveszítik az állásukat, a hiteleik pedig felemésztik öket – nagyon nehéz, szinte lehetetlen fölülemelkedni a napi gondokon és odafigyelni egymásra, odafigyelni az emberi értékekre.

Úgy hiszem azonban, hogy törekedni kell erre, mégha oly nehéz is.

Városvezetőként az a feladatom, hogy az emberek, konkrétan a pécsiek érdekeit képviseljem, megpróbáljam a lehető legnagyobb mértékben megkönnyíteni a mindennapjaikat, biztonságot és kiszámítható, nyugodt várost építsek, ahol örőm élni.

Erre törekszem a legjobb tudásom szerint – kompromisszumok hosszú során keresztül, mert úgy gondolom, ha Pécs és a pécsiek sikeresek, akkor ezzel tudom láthatóvá, "kézzelfoghatóvá tenni" a toleranciát, a tiszteletet, a megértést.

Hiszek egy boldogabb, büszkébb és sikeresebb Pécsben, egy békésebb, élhetőbb városban és annak polgáraiban. Mint ahogy hiszek abban is, összefogással, egymásta figyeléssel, a megértésre való törekvéssel csodákat lebet elérni.



Pécs polgármestere



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#### Mr. Gambhir Watts

President, Bharatiya Vidya Bhavan Australia

It gives me blissful pleasure in writing this message for the noblest cause.

We are fortunate that H.H. Mahamandleshwar Paramhans Swami Maheshwarananda has initiated Sri Madhavananda World Peace Council and the annual World Peace Summit with the primary aim to provide an international forum for dialogue between individuals, nations, communities and cultures on the topics of peace, ethics, education, environment and sustainability. That is indeed the need of the hour and is the greatest service to humanity at large.

The Word Peace Summits have been founded on the strength of the dual message of H.H. Swami Madhavananda: "One in All and All in One" and of Mahatma Gandhi: "Be the Change You Want to See." These two messages reflect the ancient Indian wisdom and are in harmony with the ideal of Bharatiya Vidya Bhavan: "The Whole World is But One Family" and our motto: "Let Noble Thoughts Come to us from Every Side".

The World Peace Summit meets under the aims of the United Nations Millennium Development Goals and the principles of the Earth Charter. As rightly emphasised by Swamiji this Summit is a seed that must be grown into a large tree with branches of Spirituality, Peace, Justice, Understanding, Forgiveness, Tolerance and Love.

This year's theme 'Inner Peace – Answer to World Conflicts' is very timely and appropriate. Mahatma Gandhi coveted no position, no wealth, no power, and yet he was able to command the respectful obedience of millions. This influence according to Rabindranath Tagore sprang from his dynamic spiritual strength and incessant sacrifice. Gandhi claimed to belong to all humanity. To quote him: "..., I hope to realize and carry on the mission of the brotherhood. ... My work will be finished if I succeed in carrying conviction to the human family that every man or woman, however weak in body, is the guardian of his or her self-respect and liberty."

Mahatma Gandhi was a devoutly religious man. He had a deep understanding of the essentials of Hinduism, Islam, Christianity, Zoroastrianism, Buddhism and Jainism. These religions shaped his spiritual outlook. Thinkers like Thoreau, Tolstoy and Ruskin also greatly influenced him. He passionately believed in the essential unity of all religions. He wanted unreserved reverence for all the great religions in the world. He asked for much more than tolerance among the great religious systems. He pleaded for deep mutual understanding of the humanity to learn from each other. He described his religion which transcends Hinduism, Islam, and Christianity etc. and does not supersede them. He said, "Religion must help humanity towards its ethical goals on earth".

In the words of Rabindranath Tagore: "Whatever Gandhi was, he was like no other man of his age. Perhaps he will not succeed, perhaps he will fail as the Buddha failed, as the Christ failed, to wean men from their inequities, but he will always be remembered as one who made his life a lesson for all ages to come."

The central idea of yoga is to live happily. That happiness is inherent in everybody and everything. Many people however are looking for happiness outside in the external world. In the end they are disappointed.

The System "Yoga in Daily Life" is one of the most famous and acknowledged systems of yoga throughout the world created by HH Vishwaguru Paramhans Swami Maheshwarananda, whose main goal is to help humanity attain physical, mental, social and spiritual health.

Mahatma Gandhi taught that non-violence was inseparable from all other aspects of living. His argument about the unity of all things emphasized that opportunities to explore principles of non-violence existed even in the smallest details of life, from the practice of one's own religion to the tolerance of religious differences, from due courtesy to one's opponents to careful attention to hygiene and

While in the recent times September eleven is remembered for the dreadful and ghastly New York attacks we remember it as day of hope for the long lasting peace. Our hopes are fostered by the untiring efforts of the noble souls like Swamiji.

It was 11 September 1893 when Swami Vivekananda delivered his famous speech at the World Parliament of Religions, Chicago invoking the inherent unity in the messages of all the religions of the world: "As the different streams having their sources in different paths which men take through different tendencies, various though they appear, crooked or straight, all lead to Thee."

It was September 11, 1906 when Satyagraha was launched by Mohandas Karamchand Gandhi (Mahatma Gandhi). Nearly three thousand persons filled the Imperial Theatre in Johannesburg. The big hall throbbed with the din of voices which spoke the Tamil and Telugu languages of southern India, Gujarati and Hindi.

Mahamandaleshwar Paramhans Swami Maheshwarananda - Swamiji, the founder of the system "Yoga in Daily Life", initiated worldwide International and Interreligious World Peace Prayers because he has recognised the urgent need to promote and develop awareness of world peace. The first prayer took place in the Croatian city of Umag in September 2001, and afterwards in numerous cities in Austria, Spain, Germany, Slovenia, Hungary, the Czech Republic, Slovakia, the USA, Canada, Australia, New Zealand and India. Thousands and thousands of people were lighting candles which were floating on the sea surfaces, lakes and rivers of their countries with wishes and prayers for peace among all cultures, nations and religions.

It is 21 September 'The International Day of Peace' which was established by the UN General Assembly in 1981 for "commemorating and strengthening the ideals of peace within and among all nations and people".

The UN General Assembly declared in 2007 commemorating the birth anniversary of Mahatma Gandhi 2 October as the annual International Day of Nonviolence. It is most appropriate that Swamiji is hosting the World Peace Summit starting on this auspicious day.

I on my personal behalf and on behalf of Bharatiya Vidya Bhavan extend congratulations deep from my heart for the contribution of Swamiji in initiating and successfully holding the annual world peace summit. We also commend Swamiji in introducing the system of Yoga in Daily for presenting the ancient Indian wisdom and culture for the benefit of the International community and thus fostering the cause of the global citizenship.



# ORLD AFACE





Mr. János Debreczenyi Mayor, City of Veszprém, Hungary

The 20th Century was an era of great troubles: destroying innocent nations, polluting the soil, blurring the sunshine which gives us life, crushing ideas for a positive future. Man's footprint has been left not only in the dust of the Moon but frequently on the faces of his fellow men. This situation is truly untenable, and is a threat of utter perdition. It has to be changed! To this end, however, it is necessary to change ourselves first.

Let's join together, men of responsible thinking and deeds, no matter in what corner of the World! Let's listen to each other not only with our ears and eyes, but also with our hearts! Let this new Century be an era of clean water, clear sky, and clear thinking – an era when the symbiosis of man and environment, society and nature becomes harmonious. In order to achieve this one day, we should do more and more each day.

As our outstanding poet, Miklós Radnóti wrote: "... Humans beware, heed your world: this was the past, this is the wild present – carry it in your heart. Live in this tainted world and be always conscious of what you must do for it to be different." I pray to God for his blessing to the nations of the World.

Az emberiség életében a XX. század rengeteg bajnak: ártatlan népek besározásának, a termőföld elszennyezésének, az életet adó napfény elhomályosításának, a jövőt igenlő eszmék lábbal taposásának sötét korszaka volt. Nemcsak a Hold porában hagyta lábanyomát az ember, hanem embertársa arcán is nagyon gyakran. Ez a helyzet valóban tarthatatlan, mert végromlással fenyeget. Változtatni kell! Ám ehhez legelőbb saját magunknak kell megváltoznunk.

Fogjunk össze, jó szándékú, felelősséggel gondolkodó és cselekvő emberek, éljünk bármely sarkában a világnak! Ne csak fülünkkel és szemünkkel, hanem szívünkkel is figyeljünk egymásra! Legyen ez az új század a tiszta víz, a tiszta égbolt és a tiszta gondolatok évszázada – ezek által ember és környezete, a társadalom és a természet harmonikus együttlétének kora! De ahhoz, hogy egyszer majd tényleg így legyen, tegyünk érte minél többet, minél többen, mindennap!

Kiváló költőnk, Radnóti Miklós gondolataival élve: "....Ember, vigyázz, figyeld meg jól világod. Ez volt a múlt, emez a vad jelen hordozd szívedben. Éld e rossz világot és mindig tudd, hogy mit kell tenned érte hogy más legyen." Isten áldását kérem a világ népeire.

#### **Debreczenyi János** Veszprém polgármestere



**Mr. Tihamér Warwasovszky** *Mayor, City of Székesfehérvár* 

If all inhabitants of the World were to live their lives with pure intentions – free of prejudice and expectations, then we would become truly capable of creating and experiencing peace. Then the step-by-step procedure of the alleviation of verbal and physical abuse could commence, enabling us to live a much more peaceful life without worries and fears.

We have to set aside the various ideas and struggles in order to ensure the continuation of the forthcoming generation, and this is only possible if we work together and take on responsibility for each other.

Ha a Föld valamennyi lakosa tiszta szándékkal – előítéletektől és elvárásoktól mentes szándékkal – éli majd az életét, akkor válunk majd igazán képesekké megélni és megteremteni a békét magát. Ekkor elkezdődhet a szóbeli és fizikai bántalmazás felszámolásának lépésről lépésre megvalósuló folyamata, amelyben képesek leszünk sokkal békésebb életet élni, aggodalmak és félelmek nélkül.

Félre kell tennünk a különböző eszméket és csatározásokat, hogy a felnövekvő nemzedék továbbélését biztosíthassuk, ez pedig csak úgy megy, ha összefogunk egymással, és felelősséget vállalunk egymásért.

#### Warvasovszky Tihamér

Székesfehérvár polgármestere



Mr. Gyula Horváth Vice-Mayor, Csepel District of Budapest, Hungary

#### WE LIVE IN A HECTIC, GLOBALIZED WORLD.

While one group of people rushes in order to reach the goals they have set for themselves, another group lives lethargically, often carousing away time in spiritual and physical desolation because they have neither the opportunity, the ability nor the will to take part in the race of the pulsing world. That's why they prefer to merely contemplate and vegetate.

A rushing person loses a lot and also simplifies a lot because that is the only way they can feel themselves adequate! They feel they need to live up to a system of values and ideas, and this establishes a barrier against the constantly changing challenges of society.

We can often see that hurriedly established values are not those of the individuals; instead they satisfy perceived or real expectations, and for this reason they harm the person's individuality. This is demonstrated most readily by manipulation masked as information. Inner conflict leads to mistaken values. Morality, honour, integrity and the ancient virtue of the given word are all depreciated. These are replaced by shrewdness and fraud resulting from lofty spiritual and material superiority. In spite of the fact that this type of person appears to be self-confident, they usually live in tremendous inner unrest.

In the course of a person's life and work, there are many decisions to be made. There are decisions of great significance for which we thoroughly examine the options, and there are less substantial issues which can be decided almost immediately, almost as a reflex. The first group is relatively few in number. These decisions are made after advance consultation, thorough analysis and serious deliberation so that it not only reflects the knowledge resulting from the subject, but gradually moves closer to objective reality.

There are, however, vast numbers of so-called small decisions. We are in a position to decide – even forced to do so - practically every hour (or even more often). People whose souls have been injured because they are tormented by inner unrest are unable to meet the challenges of finding adequate answers and making good decisions. Therefore, tension in them increases more and more and can no longer be contained. This results in distrust and hatred of their fellow men, often with the venom of destruction. It is important to restrain this chain reaction! The only substances which can halt this process, which ruins a person's fate and leads mankind ultimately to hell, are love, the protection of life and virtues, understanding and mutual tolerance and solidarity.

#### Horváth Gyula

Csepel alpolgármestere

#### ROHANÓ, GLOBALIZÁLT VILÁGBAN ÉLÜNK

Az emberek egyik része rohan, hogy kitűzött céljait elérje. Az emberek másik része letargiában, sokszor lelki és testi sivárságban múlatja az időt, mert sem lehetősége, sem képessége, sem akarata nincs a pulzáló világ versenyében részt venni, ezért inkább szemlélődik és tengődik.

A rohanó ember kapkodásában sok mindent elveszít és sok mindent leegyszerűsít, mert csak így tud megfelelni! Megfelelni egy olyan érték- és eszmerendszernek, melyet maga alakít ki védekezésül a társadalom állandóan változó kihívásaira. Sokszor láthatjuk, hogy a sebtében kialakított értékek nem az egyéneknek, sokkal inkább a vélt vagy valós elvárásoknak felelnek meg, ezért sértik az ember egyéniségét. Ezt a tájékoztatás álarca mögé bújt manipuláció demonstrálja a legjobban. A belső konfliktus értéktévesztéshez vezet. Devalválódik az erkölcsösség, becsület, tisztesség és az adott szó ősi értéke. Helyébe gőgös szellemi és anyagi felsőbbrendűségből adódó harácsolás, rafináltság, becsapás és önérdekek szerinti viszonylagosság kerül. Az ilyen ember azután – annak ellenére, hogy kifelé magabiztos – óriási belső békétlenségben él.

Az emberek életük és munkájuk során rengeteg döntést hoznak. Vannak nagy jelentőségű kérdések, melyeknél a döntéseket alaposan megfontoljuk és vannak kisebb jelentőségű ügyek, melyeket azonnal, szinte reflexből döntünk el. Az első kérdéskörből aránylag kevés van. Ezeket a kérdéseket előzetes konzultációk után, alapos elemzést követően, erős megfontoltsággal hozzuk, úgy, hogy az ne csak a szubjektumból adódó ismereteket tükrözze, hanem mindinkább közelítsen az objektív valósághoz.

Az úgynevezett kis ügyekből viszont rengeteg van. Szinte óránként (vagy még gyakrabban) kerülünk döntéshelyzetbe (döntéskényszerbe). Azaz ember, akinek sérült a lelke, mert belső békétlenség gyötri, képtelen a hétköznapok állandó kihívásaira jó válaszokat adni, jó döntéseket hozni. Ezért egyre nő benne a feszültség, amit már nem tud magában tartani, hanem átszármaztat embertársaira a bizalmatlanság és a gyűlölet, nem ritkán a pusztítás mérgén keresztül. A kialakult láncreakciót fontos megfékezni! A szeretet, az élet és az értékek védelme, a megértés, az egymás iránti tolerancia és szolidaritás lehet az egyetlen anyag, mely megállítja ezt az önsorsrontó és végtére is az emberiséget pokolba taszító folyamatot.





#### **Dr. Manfred Stepponat**





#### International Sri Deep Madhavananda Ashram Fellowship

Schikanedergasse 12/13, A-1040 Vienna, Austria

#### Blessed Selves, dear Brothers and Sisters,

Since 2002, this means already eight times, the Sri Swami Madhavananda World Peace Summit has been taken place. In times of increasing outer and inner restlessness and troubles this Summit is an eminent event to arise again in oneself and other like-minded persons awareness of the importance of peace.

Renowned personalities from all walks of life like politics, religion, science and economy have acknowledged their significance and support such meetings that contribute to the benefit of mankind. In addition everybody can start in his own house and family, to create a harmonious and peaceful living together and especially teach the children how to realize peace in everyday's life. Hence our children will experience and also model our future world. In times of growing personal alienation and defamiliarization the moral thresholds are going down, therefore an ethic education and a childhood in a harmonious family environment have become more important than ever. The future of a society depends on the education and chance for a good personal development of our

In this sense World Peace lies in the hands of all of us, indeed, and I wish all participants a successful realization of their personal peace-goals. I want to express my special thanks to all organizers of the World Peace Summit and in particular Mahamandaleshwar Paramhans Swami Maheshwarananda, whose tireless and self-sacrificing efforts for tolerance and peace in the world are inspiring all of us. He has initiated numerous humanitarian projects that are aimed at leading all humans to inner and outer peace, facilitate a healthy physical, mental and spiritual development for our children through Yoga in Daily Life and provide them with a solid education that they need so urgently.

> Dipl.-Phys. Dr.rer.nat. Manfred Stepponat President of International Sri Deep Madhavananda Ashram Fellowship

Yoga in Daily Life® is a worldwide non-profit humanisation organisation, with member associations in roster Consultative Status with the Economic and Social ouncil of the United Nations (ECOSOC). The Association's activities are aimed to serve humankind by fostering health, world peace, humanit protection of the environment and all creatures, tolerance, respect and freedom among religions, cultures and nations.

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#### Károly Kovács Krishnanand

President, Budapest Association of Leisure Sport

Motto: "Tons of theory are nothing compared to a gram of practice!" (Vishvaguru Paramhans Swami Maheshwaranandaji)

My respectful greetings to His Holiness Mahamandaleshwar Paramhans Sri Swami Maheshwarananda, and with this, I would like to express my gratitude for his indefatigable work in establishing and maintaining the World Peace Summit in an effort to preserve

In the name of every peace-loving Hungarian, I offer my thanks that this Eighth World Peace Summit will take place in Szombathely, in this ancient and beautiful Hungarian city.

Together with the Agricultural College of the nearby community of Vép, this is the county and the city which has provided a home for international camps and activities for those for whom practicing yoga is a part of everyday life, for already 20 years.

And as President of the Budapest Association of Leisure Sport. I offer special thanks to Swamiji for his more than 30 years of teaching his "Yoga in Daily Life" in Hungary, which has for many, many thousand Hungarians become the chief form of exercise and a useful way of spending leisure time while preserving their health. These are all goals targeted by the Hungarian and Budapest Associations of Leisure Sport.

In the past 31 years, I have been present in hundreds of Satsangs (and lectures) of Swamiji, I've participated in World Peace Summits and have thus received from Swamiji the answer to the question of what all of us can do for peace in the world.

Swamiii says, he teaches that "TONS OF THEORY ARE NOTHING COMPARED TO A GRAM OF PRACTICE!"

Respected Conference, Dear Peace-Loving Friends, This wise quote from Swamiji means that if we would like to reach results in the field of Peace, then we should set practical goals in our everyday lives, and we should do this every day - indefatigably.

"OM PEACE, PEACE, PEACE TO EVERY BEING!"

#### Mottó: "Az elméletek tonnái mit sem érnek a gyakorlat morzsái mellett!"

(Vishvaguru Paramhans Swami Maheshwaranandaji)

Tisztelettel köszöntöm Őszentsége Mahamandaleshwar Paramhans Sri Swami Maheshwaranandát és hálával teli köszönetem fejezem ki neki azért a fáradhatatlan munkáért, amellyel létrehozta és fenntartja az emberiség megmaradása érdekében a Világbéke Csúcstalálkozókat.

Minden békeszerető magyar ember nevében köszönet azért, hogy erre a 8. Világbéke Csúcstalálkozóra Szombathelyen, ebben a szép, ősi magyar városban kerül sor.

Ez a megye, ez a város az, amely a közeli Vép községben levő Mezőgazdasági Szakiskolával együtt, immár 20 éve, évente többször ad otthont a Jóga a mindennapi életben gyakorlók nemzetközi táborának, programjainak.

S mint a Budapesti Szabadidősport Szövetség vezetője, külön köszönetem fejezem ki Swamijinek azért, hogy több mint 30 éve tanítja Magyarországon az általa megalkotott "Jóga a mindennapi életben" rendszert, amely sok-sok ezer magyar ember számára a fő mozgásforma a szabadidő hasznos eltöltésében, az egészség megőrzésében, ami a lakosság sportjával foglalkozó Magyar és Budapesti Szabadidősport Szövetségek célkitűzése is.

Az elmúlt 31 év alatt Swamiji Szatszangjainak (és előadásainak) százain jelen lehettem, részt vettem a Világbéke Csúcstalálkozókon és így megkaptam Swamijitől a választ arra, hogy mi az, amit mindannyian megtehetünk a világ békéjéért.

Swamiji azt mondja, azt tanítja, hogy: "AZ ELMÉLETEK TONNÁI MIT SEM ÉRNEK A GYAKORLAT MORZSÁI MELLETT!"

Tisztelt Konferencia, kedves békeszerető barátaim: Ez a Swamijitől idézett bölcsesség számomra azt jelenti: ha eredményt akarunk elérni a Béke területén, akkor tűzzünk ki gyakorlati célokat a mindennapokra, és azt tegyük is meg minden nap – fáradhatatlanul.

OM BÉKE. BÉKE. BÉKE MINDEN LÉNYNEK!"



Kovács Károly Krishnanand a Budapesti Szabadidősport Szövetség elnöke







Mrs. Claudia Matejovsky – Muktamani Managing Director of the Ayurveda Academy of Yoga in Daily Life



#### A HAPPY AND HEALTHY LIFE THROUGH AYURVEDA

Ayurved is not only an ancient Indian Medical science but it is a science which gives integral knowledge about life itself. The uniqueness of Ayurveda is that it sets value on both, physical and mental health. It is a science which describes what is beneficial and what is harmful for life, what is a happy and an unhappy life and also the proper course of life. It gives directions for the life-style how to achieve and maintain a supreme quality of physical, mental and spiritual health. Yoga and Ayurveda are strongly related and are inseparable connected. The common knowledge that both sciences are based on is deeply rooted in the Vedas.

In old Vedic texts is given the following definition of life (Ayu): Life is the constant and continuous union and conjunction of Sharir (body), Indriva (senses), Satva (mind), and Atma (self).

The scope of Ayurveda is to maintain the health of the healthy (physically and mentally) and to cure those who are affected with disease. According to Ayurveda a healthy person always is defined as being healthy physically as well as mentally!

Ayurveda always treats a human as a whole, taking into consideration body & mind. So while treating the patient an Ayurvedic physician always takes note of the aggravation of Doshas, damaged tissues, environmental influences, strength & constitution of the patient, digestive power and psychological factors.

What does it mean to be physically & mentally healthy according to Ayurveda? Physically healthy is a person whose Doshas (humors) – Vata, Pitta, Kapha are in equilibrium, whose Agni (digestive power) is in equilibrium and whose Dhatus (tissues) are balanced and functioning normally. Mentally healthy is a person whose Atma (self), Indriyas (senses) and Manas (mind) are balanced and feeling well. This definition of health was given by Sushruta, the great surgeon and healer. He is the author of one of the greatest Vedic opus.

What kinds of tools do we have for maintaining good health? We shall follow a daily routine (Dinacharya) as well as a seasonal routine (Rutucharya) including seasonal Panchakarma, a balanced diet, the eliminating of natural urges on appropriate time, the rules about sleep, the rules about celibacy, the regular use of rejuvenation treatment and an aphrodisiac treatment. Our mental health we maintain by following Sadvrutta (ethical conduct) and Dharaniya Vega Dharana (controlling emotional urges like anger, fear, greed). For curing mental diseases Ayurveda advises the worshipping of God, the chanting of Mantras-Hymns and following the words of the master.

If we would incorporate the great ancient sciences of Ayurveda & Yoga into the main stream system of education and health it would bring about more awareness that by observing a natural lifestyle, healthy nourishment and healthy activities in our daily life, by discriminating the good & bad of everything and abiding by a moral conduct, we will not only become widely free from disease but also free from quarreling, fighting and war.

In this sense, the Ayurveda Academy of Yoga in Daily Life, appreciates and supports full-heartedly the efforts of the World Peace Summit 2009, and conveys deepest adoration and pranams to his Holiness Mahamandaleshvar Paramhans Shri Swami Maheshwaranandaji who is the founder of both "wings": the Sri Swami Madhavananda World Peace Council and the Ayurveda Academy of Yoga in Daily Life, as well as the "spine" and "central nerve system": Yoga in Daily Life worldwide that shall help people to conduct a healthy and happy life, and to create and maintain inner peace and outer peace.

#### Ms. Farida Irani

Founder Director of Ayurveda Yoga Australia



### AYURVEDA YOGA AUSTRALIA

#### MESSAGE

We feel very honoured and privileged to have been invited to write this message for the 8<sup>th</sup> World Peace Conference 09 especially since we have a very close association with Yoga in Daily Life in Australia.

Swamiji, as we all fondly call His Holiness Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwarandaji, has been our Ayurveda Yoga Australia Yoga Patron since the inception of AYA in 2005.

He personally honoured us with his presence, support and his inspirational talks at the Inaugural International Ayurveda and Yoga Conference in 2006, which was a land mark event and the 2<sup>nd</sup> International Ayurveda and Yoga conference this year in April 2009 in Sydney. His talk on bringing in peace and harmony through these ancient sciences resonated deeply with all those who had the good fortune of attending these Conferences as Swamiji is renowned for his peace work of four decades in Eastern Europe and in Australasia. Being a well-known environmentalist, humanitarian and spiritual luminary, his presence fitted in perfectly with our Conference theme (Ancient wisdom in modern times), as our main aim is to eventually incorporate these time tested sciences into the main stream system of education and health.

We are aware that Swamiji who is the Initiator of the World Peace Summit and Founder of Sri Swami Madhavananda World Peace Council, has been involved in many such Peace conferences and we always fondly remember his message to all in his recently published book 'The Hidden Power in Humans' in which he has conveyed how individuals can help change the state of world affairs.

"The mightiest power in humans is the power of thought and now is the time to use our intellectual energy for the benefit of the world, rather than being the cause of its destruction. The path of Yoga and Meditation helps to unearth the valuable treasure of spiritual knowledge buried within us and put it to good use. In this way each person can contribute something worthwhile to the planet and its recovery".

We wish you a very fruitful, successful World Peace Conference, which it will be with Swamiji's Blessings, impacting the world and its people.

Yours in the true spirit of Ayurveda and Yoga

On behalf of the AYA committee

Farida Irani Founder Director

Ayurveda Yoga Australia

80 Coonara Avenue, West Pennant Hills NSW-2125 Australia Tel /Fax 61 2 98948979 info@ayaustralia.org www.ayaustralia.org ABN 98 495 073 351

Committee: Dr Shaun Matthews Dr Rama Prasad Farlda Irani Sevadevi Glover(Yoga In Daily Life)

Event Manager: Nekzad Irani/ Khursheed Irani 0402378152







Ms. Kusum Mehra Student of Lady Shri Ram College, Delhi, India

#### **VOICE OF THE YOUTH**

As is said by Gandhiji – India is a country of Ahimsa (Non-Violence). Not to harm or kill is the highest principle of human life. One should live in simplicity; an honest heart will always remain victorious. Do not hurt animals, plants; do not hurt humanity. Love thy world as you love yourself. Protect your World and the World will protect you and give you a better place to live in peacefully. Nature itself is so powerful that a thousand manmade nuclear device cannot detonate it.

Have Fear – fear of God, fear destruction, rise and awake before it is too late. All humans, all nations must unite towards peace and brotherhood. A person with beautiful mind, body and soul will make the World beautiful. With hatred selfishness and jealousy, one will ruin the World. You are a part of this World, God made you special, you as a human have immense intellect to protect your World.

All of us have gathered here today and I hope each one should take a vow from today we will and we should do our utter most deed towards the other. Make Earth a heaven not hell. Protect our planet as the World is the lamp and you are its light. Do not let it fade away. It is my great privilege and honour to be here with all of you in the City of Budapest. I thank Guruji – Swami Maheshwaranandii and pay homage to His Holiness Swami Madhyanandii.

Swami Maheshwaranandji said: "As people of different nations, cultures and religions, we should be more than just a witness to global events. We should be an active, driving force to create a more peaceful, just and sustainable World. If we want peace in the World we must first have peace within and recognise the unity we have with one and all"



**Mr. Kapil Agarwal**Young Entrepreneur having transport business in the name of Globe Express Transport Company in Jaipur, Rajasthan and also having political responsibilities for Rajasthan.

#### YOUTH POWER FOR WORLD PEACE

The great challenge of transforming this world can be achieved through Youth which has got the power of ideas, ambition and ability. This resource of the youth is an important building block for transforming World into a Global Planet of Peace. Youth constitutes the richest wealth of a country. They develop the quality of catholicity of personal integrity, personal discipline and open mindedness. It is enriched further when they develop an open attitude and universal outlook.

The youth with their new ideas, new energy, and neutral background, can contribute to peace development. One step is to make sure that national policies are religion-neutral, with no place for phrases like jihad. Youth should be treated as partners in all social activities. Youth should realize that they should not wait for the inheritance of the world; they must realize they have already inherited it while entering into the golden age phase of 15-30 years.

Youth can form a new phalanx of peace missionaries building up volunteers and NGO networks in the grassroots. Youth can engage in internships in the parliamentary institutions, join in political awareness-building and remove the ugliness of partisan politics, and at the same time force reforms in the bureaucracy to ensure good governance. Youth can become peace ambassadors of their respective countries, promoting exchange programs in various fields of education, culture, science and technology.

Peace is love, love that is nurtured in the wombs of the mother. The first step is the careful nurturing and caring for women. Youth can become the country's elite guards dedicated to patriotism, protection of children, women, and, through collective vigilance and closeness with the people, provide the moral counterpart to the abuses of ambitious generals and military demagogues.

The youth are important assets of any nation. They should be the primary concern of political leaders, religious leaders, policy makers, planners, administrators and others interested in development including peace development. The youth are creative and innovative. They are in a better position to introduce new dimensions contributing to the current sociopolitical-economic dialogue particularly in the area of peace development

Finally, dear Parliamentarians and Leaders, I am sure that with the World as a big laboratory, your experience is very extensive and it is only a question of using it with commitment to peace development. We must ensure that 21st century should be a century of tolerance and peace, led by the youth. Every inhabitant of this planet should think "Wherever I go, peace is with me, because without peace there is no me."



Dr. György Boytha

*Vice-President, United Nations Association – Hungary (UNA-H)* 

Thank you for your kind invitation to the Peace Summit to be held between October 2 and 4 in Budpest. My message is as follows:

Inner peace is the foremost condition of tolerance and lenience towards different cultural patterns. It provides at the same time a firm shield against disturbances from outside. I wish to the Summit convened under the auspices of Sri Swami Madhavananda World Peace Council much success in further fostering world wide awareness of the power of inner peace in individuals and peoples alike.

Köszönöm a 2009. október 2-4. között rendezendő Világbéke Csúcstalálkozóra szóló meghívást.

A belső békesség elengedhetetlen feltétele annak, hogy engedékenyen és toleránsan viszonyuljunk a miénktől eltérő kulturális formákhoz. Lelkünk békéje hathatós védelem nyújt a külvilágból érkező felkavaró benyomásokkal szemben is.

Sok sikert kívánok a Sri Swami Madhavananda Világbéke Tanácsnak, és azt kvánom, hogy erősítse továbbra is annak tudatát a világban, hogy a belső béke hatalmas erő, s az egyén és a népek számára egyaránt fontos!

#### Dr. Boytha György

jogászprofesszor, nyugalmazott nagykövet, a Magyar ENSZ Társaság alelnöke



#### Christine Farmer – Gitapuri

Vice President, Yoga in Daily Life, US

Once again, we come together physically and spiritually to share in our hopes and dreams of a more peaceful world and to dedicate ourselves as a community to this noble aim. Our very presence here is an affirmation to each other and to our global community that peace is an attainable goal.

The grandfather of Yoga in Daily Life, Mahaprabhuji, directs us in one of his Golden Teachings:

"Never stop what you have started: there will always be obstacles on the way of good deeds. Remember roses have also the thorns."

With this in mind, my inner voice whispers a heartfelt peace mantra "never give up". We can make a difference and we do make a difference working for peace in this tumultuous world.

It is with deep gratitude that I wish to acknowledge the tireless efforts and life long dedication to the peace work of our Gurudev, Swamiji and the lives of our great sages, Mahatma Gandhiji and His Holiness Sri Swami Madhavanandaji. These saints illuminate the path of peace and give direction to our aspirations.

We have all overcome many obstacles and limitations to be here today. Let us come together to celebrate and magnify this great occasion of the World Peace Summit 2009.

With love and warmth, *Gitapuri (Christine Farmer)*Vice President, Yoga in Daily Life, US

# ORLD PRACE







**Bhakti**National Coordinator
for The Australian Association of Yoga in Daily Life

BELOVED GURUDEV, HIS HOLINESS VISHWAGURU PARAMHANS SWAMI MAHESHWARANANDA JI DEAR BROTHERS & SISTERS OF PEACE,

The members and friends of Yoga in Daily Life in Australia convey their salutations, best wishes and congratulations on this occasion of the 8th international World Peace Summit held in honour of His Holiness, Dharmsamrat Paramhans Swami Madhavanandaji and Mahatma Gandhiji.

The initiative taken by beloved His Holiness Swamiji to conduct these annual peace summits cannot be respected highly enough and the importance cannot be emphasised greatly enough, since the global challenges faced in our world today can be met only if we regularly come together to acknowledge the mutual responsibility we have as global citizens to bring peace, justice and sustainability to our planet.

It is through dialogue - listening, learning and sharing - that we awaken and begin to understand the need of other humans, other communities and nations, the need of other species, of nature and the environment. At these world peace gatherings we celebrate what unites us, rather than what divides us. Here we acknowledge our common spirituality, ethics and morality and the obligation we have to future generations to care for this planet. Uniting together fosters courage and strength – we may then return to our respective corners of the world knowing that collectively we are living and acting responsibly with wisdom and love for one and all.

Perhaps now more than ever in the history of the world, there is overwhelming motive to unite our religious and cultural wisdom, for nature speaks to us in many tongues to tell us that we are in trouble. At the 2007 United Nations annual conference for NGOs - "Climate Change, How it Impacts Us All" - it was declared the single greatest threat to human survival is global warming. A renowned scientist firmly reminded all, "we are the nature that we abuse, therefore we need to start thinking of our world as a single country". This message clearly echoes Holy Guruji's decree, "All in one and one in all".

From Australia, the land 'down-under', we wish you every success for this year's World Peace Summit. May it nurture and inspire all participants to contribute to the betterment of our entire world.

1st September, 2009

Yours in the light & spirit of Yoga, **Bhakti**National Coordinator
for The Australian Association of Yoga in Daily Life

Australian Asociation of Yoga in Daily Life, National Centre 102 Booth Street Annandale, Sydney NSW 2038 Telephone: +61.2.9518 7788 Australia@yogaindailylife.org.au



Cvetka Rojko – Pushpadevi Yoga in Daily Life Society Mexico

BETTER AND HEALTIER SOCIAL LIFE

Life in society is one of the basic needs of a human being. Society is important for our development, for giving us security and protection. These days time we witness a completely different functioning of the society. Many people don't feel and don't get any support, protection or security in their society. Here in Mexico we can see children working for their survival, and people who have lost their trust in the value of life. Many live from day to day, trying to survive. And many found the way out in some kind of self-destructive addiction, in alcohol or drugs.

In another way it doesn't mean that this is a poor country. There is enough of everything for everybody. But the division is not equal and the differences are very big. It is not just the differences in the division and possession of material things. There exists a very big difference in knowledge and in ways of thinking. There can be find narrow, closed minded thinking, developed in one's narrow environment, along with lack of information and outer opportunities, which does not allow people to come out of their miserable way of life. And there also exist other groups of people who use this situation for their material profit.

What is the solution? A real solution is possible only with the development of higher human consciousness in the people. I am sure that it demands a longer process which has already started. The World Peace Summit in the organization of Sri Swami Madhawananda World Peace Council has a great and important role and influence in making this process clearer, stronger and faster. It really influences the entire world making people more conscious. Together with the development of the System of Yoga in Daily Life in many countries and through different projects which these organizations are realizing, we can contribute to a high amount to develop positive spiritual consciousness of people and societies.

In Mexico we are one of the youngest Yoga in Daily Life societies and we are just at the beginning of our work in this country, but there can be felt the need and thirst of people for the light, warmness and spiritual knowledge which is beginning to spread through our activities.

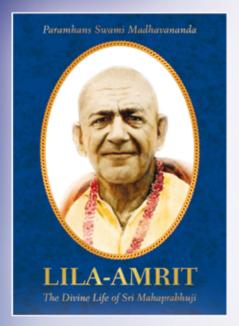
We would like to congratulation to the organizers of this World Peace Summit 2009 for their extraordinary work in realizing this important event in Hungary. It is possible only through their unselfish, hard work and the results will be visible in much better and healthier social life on this planet in the future. Thank you.

Cvetka Rojko – Pushpadevi



### **YOGA IN DAILY LIFE** - PUBLICATIONS

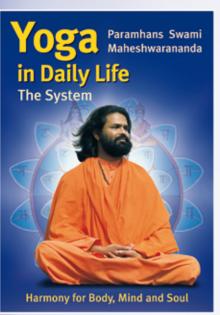
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The book is available in the following languages: English, Spanish, Hungarian, Slovakian, Czech, Croatian, Serbian.



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The Hidden Power

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Step by step the author leads us on the journey towards our own Self. He makes us familiar with the eight main Chakras and their function, and hands us the tools needed to reach our most important goal - union with our true Self.

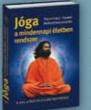
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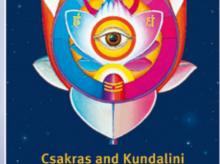
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